



GUARD // 6-6 // 343 // MIAMI (FL) '15

ACQUIRED: UFA, '20 (WAS.)

HOMETOWN: MIAMI, FLA. // BORN: 4/25/94

NFL: SIXTH SEASON // DOLPHINS: FIRST SEASON

NFL CAREER

TRANSACTIONS:

- Signed by Miami as an unrestricted free agent from Washington on March 21, 2020.
- Signed by Washington as an unrestricted free agent from Jacksonville on March 18, 2019.
- Signed by Jacksonville on Oct. 12, 2018.
- Waived by the N.Y. Giants on Oct. 9, 2018.
- 1st-round pick (9th overall) by the N.Y. Giants in the 2015 NFL draft.

CAREER HIGHLIGHTS:

- Played in 89 career games with 85 starts.

2020 (MIAMI):

- Started 14 games.
- Inactive for 2 games.

AT JACKSONVILLE (9/24):

- Started at left guard.
- Protected QB Ryan Fitzpatrick who completed 18-of-20 passes (90.0 pct.) and set a new franchise record for completion percentage in a single game with a minimum of 20 attempts.

AT SAN FRANCISCO (10/11):

- Started at left guard.
- Protected QB Ryan Fitzpatrick who posted the 3rd-best QB rating (154.5) in team history (min. 20 att.).

VS. CINCINNATI (12/6):

- Started at left guard.
- Protected QB Tua Tagovailoa and did not allow a sack.
- It was the 1st time the Dolphins did not allow a sack in multiple games in the same season since 2017.

2019 (WASHINGTON):

- Started all 16 games at left guard.

AT PHILADELPHIA (9/8):

- Started at left guard.
- Made his Redskins debut.

VS. DETROIT (11/24):

- Started at left guard.
- Helped protect QB Dwayne Haskins, who completed 13-of-29 passes for his 1st NFL win.

VS. PHILADELPHIA (12/15):

- Started at left guard.
- Helped block for an offense that totaled three touchdowns and 352 total yards.

2018 (JACKSONVILLE/N.Y. GIANTS):

- Played in 6 games with 7 starts at left tackle for Jacksonville.

- Inactive for 1 game with Jacksonville.
- Dressed but did not play 2 games with Jacksonville.
- Signed by Jacksonville on Oct. 12.
- Waived by the N.Y. Giants on Oct. 9.
- Played in 5 games with 2 starts at right tackle for the N.Y. Giants.

VS. JACKSONVILLE (9/9):

- Started at right tackle.
- Helped block for RB Saquon Barkley, who rushed for a 68-yard TD in his NFL debut.

AT INDIANAPOLIS (11/11):

- Played but did not record any stats.
- Made his Jaguars debut.

VS. PITTSBURGH (11/18):

- Started at left tackle.
- Made his 1st Jaguars start.

2017 (N.Y. GIANTS):

- Started 15 games at left tackle.
- Inactive for 1 game.

AT PHILADELPHIA (9/24):

- Started at left tackle.
- Helped protect QB Eli Manning, who passed for 366 yards and 3 TDs.

VS. PHILADELPHIA (12/17):

- Started at left tackle.
- Blocked for QB Eli Manning, who threw for 434 yards, the 4th-most of his career.

AT ARIZONA (12/24):

- Started at left tackle.
- Started in his 44th consecutive game.

2016 (N.Y. GIANTS):

- Started all 16 games at left tackle.
- Helped the team allow just 22 sacks, which was the 3rd-fewest in the NFL that season.

VS. BALTIMORE (10/16):

- Started at left tackle.
- Helped protect QB Eli Manning, who threw for 403 yards and 3 TDs – including 222 of them to WR Odell Beckham Jr.

VS. PHILADELPHIA (11/6):

- Started at left tackle.
- Helped keep a clean pocket for QB Eli Manning's 4 TD passes.

POSTSEASON:

NFC WILD CARD AT GREEN BAY (1/8):

- Started at left tackle.

2015 (N.Y. GIANTS):

- Started 15 games at left tackle.
- Inactive for 1 game.
- Helped the Giants finish 6th in the NFL in scoring (26.3 points per game) and 8th in total yards (372.0 per game).

- Helped QB Eli Manning set a franchise record with 387 completions and throw for a career-high 35 TD passes.

AT DALLAS (9/13): Started at left tackle.

- Started in his NFL debut.

VS. SAN FRANCISCO (10/11): Started at left tackle.

- Helped the offense total 525 net yards, its most since 2012.

AT NEW ORLEANS (11/1): Started at left tackle.

- Helped the offense total 49 points, its most in a single game since 2012.
- Helped protect QB Eli Manning, who threw for a career-high 6 TD passes.

left tackle and 4 at right tackle.

JUNIOR (2014): Played in 12 games with 11 starts;

- 2nd-team All-ACC.

SOPHOMORE (2013): Started all 13 games at left tackle.

TRUE FRESHMAN (2012): Played in all 12 games with 4 starts at right tackle.

HIGH SCHOOL (NORLAND SENIOR HS – MIAMI GARDENS, FLA.)

SENIOR (2011):

- Helped lead team to a 15-0 season and state championship.

BEFORE THE NFL

COLLEGE (MIAMI):

- 3-year letterman (2012-14) and 2-year starter.

CAREER: Played in 37 games with 28 starts – 24 at

OFF THE FIELD

PERSONAL:

- **MAJOR:** Criminology.

ERECK FLOWERS' NFL REGULAR SEASON STATS

GAMES/STARTS: (N.Y. Giants) 2015: 15/15, 2016: 16/16, 2017: 15/15, 2018: 5/2, (Jacksonville) 2018: 8/7, (Washington) 2019: 16/16, (Miami) 2020: 14/14 **NFL TOTALS: 89/85**

ERECK FLOWERS' NFL PLAYOFF STATS

GAMES/STARTS: (N.Y. Giants) 2016: 1/1

PLAYOFF TOTALS: 1/1