



NFL CAREER

TRANSACTIONS:

- Signed by Miami as an unrestricted free agent from New England on March 21, 2020.
- 6th-round pick (221st overall) by New England in the 2016 NFL draft.

CAREER HIGHLIGHTS:

- Played in 76 career games with 36 starts.
- Appeared in 10 postseason games with 1 start.
- Won Super Bowls LI and LIII with New England.

2020 (MIAMI):

- Started all 16 games at center.
- Served as a team captain.

AT SAN FRANCISCO (10/11):

- Protected QB Ryan Fitzpatrick who posted the 3rd-best QB rating (154.5) in team history (min. 20 att.).

VS. CINCINNATI (12/6):

- Protected QB Tua Tagovailoa and did not allow a sack.
- It was the 1st time the Dolphins did not allow a sack in multiple games in the same season since 2017.

VS. NEW ENGLAND (12/20):

- Helped the team rush for 250 yards, which was Miami's most since Dec. 24, 2016 at Buffalo and the most allowed by New England since Nov. 24, 2013.

2019 (NEW ENGLAND):

- Started 15 games at center.
- Inactive for 1 game.
- Committed just 2 penalties.

VS. PITTSBURGH (9/8):

AT PHILADELPHIA (11/17):

VS. BUFFALO (12/21):

POSTSEASON:

AFC WILD CARD VS. TENNESSEE (1/4):

2018 (NEW ENGLAND):

- Played in 13 games with 2 starts at right guard.
- Inactive for 3 games.
- Committed just 1 penalty.

VS. GREEN BAY (11/4):

AT TENNESSEE (11/11):

POSTSEASON:

AFC DIVISIONAL VS. L.A. CHARGERS (1/13):

Played but did not record any stats.

AFC CHAMPIONSHIP AT KANSAS CITY (1/20):

Played but did not record any stats.

SUPER BOWL LIII VS. L.A. RAMS (2/3):

Played but did not record any stats.

2017 (NEW ENGLAND):

- Played in all 16 games with 2 starts at center.
- Did not commit any penalties.

AT OAKLAND (11/19):

VS. MIAMI (11/26):

POSTSEASON:

AFC DIVISIONAL VS. TENNESSEE (1/13):

Played but did not record any stats.

AFC CHAMPIONSHIP VS. JACKSONVILLE (1/21):

Played but did not record any stats.

SUPER BOWL LII VS. PHILADELPHIA (2/4):

Played but did not record any stats.

2016 (NEW ENGLAND):

- Played in all 16 games with 1 start at right guard.
- Committed just 1 penalty.

AT ARIZONA (9/11):

POSTSEASON:

AFC DIVISIONAL VS. HOUSTON (1/14):

Played but did not record any stats.

AFC CHAMPIONSHIP VS. PITTSBURGH (1/22):

Played but did not record any stats.

SUPER BOWL LI VS. ATLANTA (2/5):

Played but did not record any stats.

BEFORE THE NFL

COLLEGE (ILLINOIS):

- 4-year starter (2012-15).

CAREER:

SENIOR (2015):

- 3rd-team All-Big Ten.

- Team captain.

JUNIOR (2014):

- Honorable mention All-Big Ten.

SOPHOMORE (2013):

Played in 11 games with 10 starts at right guard.

REDSHIRT FRESHMAN (2012): Started all 12 games at right guard.
• Redshirted in 2011.

HIGH SCHOOL (CATHEDRAL HS – INDIANAPOLIS, IND.)

- Played offensive guard.

SENIOR (2010):

- All-state.
- All-Midwest Region.
- Catholic All-American.
- Helped his team win the state championship.

JUNIOR (2009):

- All-state.

SOPHOMORE (2008):

- Helped his team win the state championship.

OFF THE FIELD

COMMUNITY:

- Gave a sendoff speech at a special Hard Rock Stadium drive-in graduation ceremony for 2020 Miami Gardens high school seniors.

PERSONAL:

- Earned his Master of Business Administration from Indiana University during the 2020 offseason.
- Became the 7th member of his family to play football in the Big Ten.
- Father, Ted Karras Jr., played for the Washington Redskins (1987).
- Grandfather, Ted Karras, played for the Pittsburgh Steelers (1958-59), Chicago Bears (1960-64), Detroit Lions (1965) and Los Angeles Rams (1966).
- **PRONUNCIATION:** Last name is pronounced CARE-us.
- **MAJOR:** Communication.
- **GRADUATE DEGREES:** Business administration (Indiana) and recreation, sports and tourism (Illinois).

TED KARRAS' NFL REGULAR SEASON STATS

GAMES/STARTS: (New England) 2016: 16/1, 2017: 16/2, 2018: 13/2, 2019: 15/15, (Miami) 2020: 16/16 **NFL TOTALS: 76/36**

TED KARRAS' NFL PLAYOFF STATS

GAMES/STARTS: (New England) 2016: 3/0, 2017: 3/0, 2018: 3/0, 2019: 1/1 **PLAYOFF TOTALS: 10/1**