

## **WR DOUG BALDWIN**

**(On the Seahawks offense)** “It goes back to our formula, our mode of operation. It doesn’t matter how you start but how you finish. So yeah, our offense looked ugly in the first half. We weren’t consistent and we weren’t completing drives. However, when the plays count, we know how to finish. We’ve shown that for the past five or six years now, five years, so it shouldn’t be a surprise. For us, obviously we want to start cleaner, we want to do things more consistently, but you can always count on us to execute at a high level when you need to finish things.”

**(On Russell Wilson playing through an injured ankle)** “He’s a tough dude. It’s not just his mental fortitude, but also his physical prowess and what he brings to the table in every facet. I told him, ‘You need to suck it up,’ and he said, well I can’t repeat what he said, but he let me know it wasn’t going to affect his play, and obviously he showed that.”

**(On how it felt being back in the regular season)** “Playing football again. We love it. We absolutely love football and couldn’t wait to get back out there and get away from all the distractions, everything that’s been going on, and just play the game that we love. I couldn’t be happier and more proud of my teammates, not only for the things that we’ve done, but obviously how we won the game. It’s just a very proud moment right now.”

**(On executing a late in the game touchdown)** “Well first of all I have to give a lot of credit to Russell Wilson, because that was not the play call. We had discussions before about what we were going to do if we had certain matchups that we liked, and it was actually not on that play. He saw the situation that there was a matchup that he liked. He switched the play and fortunately enough, Jermaine [Kearse] and myself were able to execute it at a high level. Russell did an excellent job of reading the defense and putting us in the best situation, making the call, and then obviously delivering the ball so we could win the game.”

**(On the fourth down play prior to the touchdown)** “That goes to giving credit to our OC [Offensive Coordinator] Darrell Bevell. He had a lot of trust in us, the receivers, Russell [Wilson], he gave us trust and he was confident in us that we were going to make the play. It was the play that we practice all the time, we love to have in those situations, especially with teams that like to go man-to-man, and he gave us the opportunity to win. Fortunately enough, again, it worked out for us.”

**(On when they were lining up for the final touchdown play)** “Honestly, [Russell Wilson] has never changed the play to that play before. In that moment, I’m thinking what is he doing, but he has shown the propensity to do miraculous things and that play was no different. He put us in the best possible situation. My hat’s off to him, I have to give him a lot of credit, because he wouldn’t have done that in the past.”

**(On the inconsistency in their offense)** “You’ve got to give a lot of credit to Miami. Those guys get paid over there to do what they do, as well. They showed us some things we didn’t see on tape, and that’s to be expected. Obviously they’re going to put some defenses in to try to surprise us, and they did a great job of doing that. Fortunately enough, the mental fortitude of the guys that we have on our team are

capable of taking those clues and hints that they give us each down and formulating a plan. When we came out at halftime, we had a plan to go forward to make sure that we were taking advantage of those opportunities.”

**(On how limited Russell Wilson seemed to be with his ankle)** “You could tell it was bothering him, but you could just see the process in his head. The mental process that you have to go to in order to push out the pain. You could see that going on, through his body language, and fortunately enough for us he was able to do it.”

**(On how they prepare for being a ‘clutch’ team)** “You treat every situation like a clutch situation. We talk about it all the time, it’s not how you start, it’s how you finish. We want to finish just like we finished. We try to emulate starting that way, as well. Also on the front that we treat every game like a championship opportunity. It doesn’t matter if it’s a preseason game, the first regular season game, or the Super Bowl. We’re going to treat it like a championship opportunity, so in our minds, being clutch is just what we are, it’s what we do.”

**(On what he thought when Russell Wilson was scrambling for yards after his ankle injury)** “Get down. When I looked at him and saw him running, all I could think was for him to get down.”

**(On how much dialogue on adjusting plays happens during the game)** “Let’s not get it confused. We have a game plan, the plan that we’re going with. However, there’s a lot of things that happen on the fly, that we have to adjust to. The guys that we have on this team, they’re intelligent human beings. We can dissect a defense and say, ‘Hey, they’re not doing what we thought they were doing, let’s adjust on the fly and do something we know we can win with.’ Again, I have to give credit to our head coach, our offensive coordinator, the D-line coach, the running backs coach, the receivers coach. They trust us so much that they listen to what we have to say. In any relationship, communication is key. Since we have that healthy communication, we’re able to do those things, and it worked out for us.”

**(On why they chose to cross arms during the National Anthem)** “It was on a unified front. We wanted to do something together as a team. The statement that we’re making, is obviously we want to honor those lives that have been lost 15 years ago on this tragic day, and also honor those who have sacrificed their lives for the freedom that we cherish. At the same time, we’re standing for those lives that are fought for that freedom. We want to ensure that freedom and the security of justice for all people. It’s a situation for us where you’ve heard us. The message is very clear, you’ve heard us. Now we’re asking you to listen to our message. It’s as simple as that.”

**(Whether their message is the same as Colin Kaepernick’s message)** “It is. Let me clarify that for you. The message that we’re sending is, yes, there are things in our country that need to be changed. But that’s why our country is so great. We’re never afraid to face those challenges head on and make those changes. We’re never afraid to make the uncomfortable the norm, and that’s why we’re so great. To us, in this locker room of 53 guys, we believe that as a team, the only way we’re going to win the Super Bowl is if we do it together. That’s where we arrived, that if we’re going to do this, we have to do it together. Of course like I said, there’s a lot of things that need to happen, need to change, and fortunately enough, we’re in the greatest country that’s capable of doing it. We’ve come so far, you

can't take that for granted. We've come so far, but that doesn't mean that we rest on the world when we have so far to go."

**(On his emotions during the National Anthem)** "I don't know how to describe it, honestly. When they're rolling out the flag and you hear the whole stadium chanting, 'Seahawks,' it's a very proud moment. Again, it's unifying our team but it's also unifying our stadium, it's unifying our communities, it's unifying our state, and hopefully it's going to unify our country to where there's a message that needs to be heard. You heard us, now listen to us. That emotion that I had at that time was one of being proud in that moment. Like I said, we've got so far to go, and we've come so far."

**(On what change and progress looks like to him)** "I don't know. We know that there has to be change and progress. Change is inevitable, change will always happen, but you have to apply direction to change, and that's when it's progress. Right now what we're doing as a team, we have a follow through. The difference between a mob and a movement is a follow through. That's what Harry Edwards told us when he came and talked to us for three hours about the situation that's going on in our country right now. He said the difference between a mob and a movement is a follow through. So our team is united together to have a follow through. At this very moment, we're scheduling meeting with the mayor of Seattle, with police chiefs across the country, across the state I should say, and we're discussing ways to just start discussion. That's the first step, is to have communication. We need to know the perspective of other people. The greatest tragedy for any human being is going through their entire lives believing the only perspective that matters is their own. We need to break down those walls and barriers and get people to see that there's perspectives outside of their own eyes."

**(On whether they will cross arms again during the National Anthem next week)** "Tune in."

**(On what he plans on doing in the meetings with police chiefs)** "Just have a discussion, just talk. We want to know from their perspective. We're normal human beings just like anybody else, and we don't know what we don't know. The easiest way for us to start moving in the right direction is for us to get as much knowledge as we can, to listen. Like I said, you hear our message so listen, and we're going to do the same thing on our front, listen."

**(On whether everybody is on the same page)** "Yeah, it's not just myself. Like I said, we have a bunch of guys on our team who have intellectual minds who are hungry for change, hungry to help progress, hungry to help the guy next to him because that's what we do as a team. We want to emulate that not only in our locker room but also in our communities."