DE MICHAEL BENNETT

(On how were the emotions on the field) "I mean it's always emotional when you're down in a tight game. You just want to get that opportunity to be out there to win the game. With the game being put in the s hands, you try to make a big stop. Cassius [Marsh] made a lot of big plays. [As well as] Jarran Reed, Cliff Avril and Tony McDaniel. We had a defensive line game today where we held them a lot to short yardage."

(On how he saw Ryan Tannehill try to adjust) "They just tried to mix it up with a lot of quick passes and a lot of short passes. Quick passes are considered runs for them becaus they try to get the ball out really quick and it was only a couple times that they really held the ball because we were back there a lot today."

(On the offensive line) "Right, those guys are doing a tremendous job this year, those guys are giving their running backs five and six yards before we even get touched. Guys are hungry, a young group of guys and those guys get the job done, those guys like playing."

(On if he has ever seen Russell Wilson physically compromised before) "Compromised? You can't really be compromised when you win the game. Obviously he was great if you watched the game because when it came to the defining moment of the game, he did what he did. That's what you do under pressure. That's why I define him as one of the best quarterbacks in the NFL because the great ones play good under pressure, the bad ones they get [stuck] in their mind. He never got rattled. Physically he was still great."

(On what the pregame demonstration meant) "Technically we just wanted to say that collaboration is one of the greatest things that a human being can do. To realize that people are different but we can still work together. In the community it's going to take everybody to build a bridge to build something great. Of course there's social injustice all along the NFL, all along the United States and we understand that. But we understand that that should be open dialogue and people have to be able to listen, to be able to see what the change is. For us, we want to be able to build that bridge. The things that we already do in the community. It's not like we just started doing this. A lot of us have foundations. A lot of us are working in the community. But what we want to do is work well with the people around. We need everybody to realize that just because somebody is different, it doesn't make you better than them. They're still a human being and you've got to respect them and learn about them. Take the time to get to know somebody. Know their culture because when you know their culture, you understand that they're different and you respect that.

(On if the unity shown during the national anthem is something they plan to do for the rest of the season) "I think we plan on doing it every game. I think we plan on really showing people how to bridge the gap. I think there's a big gap in America. Obviously a lot to do with the education system, a lot of social injustice going around. All we can do is use our platform to make sure we keep the kids in the community. We want them to give back. We want to create an idea of sustainability where the kids love their community and want to give back to it."