



NFL CAREER

TRANSACTIONS:

- 1st-round pick (19th overall) by Miami in the 2014 NFL draft.

CAREER HIGHLIGHTS:

- Started 62 games.
- Became the 8th rookie offensive lineman in team history to start all 16 games in a season when he did so in 2014.

2018 (MIAMI):

- Started 15 games.
- Inactive for 1 game.

VS. OAKLAND (9/23):

- Protected QB Ryan Tannehill, who completed 17-of-23 passes (73.9 pct.) for 289 yards and 3 TDs.

VS. CHICAGO (10/14):

- Protected QB Brock Osweiler, who completed 28-of-44 passes (63.6 pct.) for 380 yards and 3 TDs.
- Blocked for a running game that had 31 carries for 161 yards (5.2 avg.).

VS. NEW ENGLAND (12/9):

- Protected QB Ryan Tannehill, who completed 14-of-19 passes (73.7 pct.) for 265 yards and 3 TDs.
- Blocked for a running game that had 21 carries for 189 yards (9.0 avg.) and 2 TDs.

2017 (MIAMI):

- Started 8 games at right tackle.
- Missed 8 games after being placed on injured reserve on Nov. 11.

AT L.A. CHARGERS (9/17):

- Blocked for RB Jay Ajayi, who rushed for 122 yards, snapping the Chargers' streak of 17 straight games without allowing a 100-yard rusher.

AT ATLANTA (10/15):

- Protected QB Jay Cutler, who completed 19-of-33 passes (57.6 pct.) for 151 yards and 2 TDs.
- The o-line did not give up a sack.
- RB Jay Ajayi rushed for 130 yards.

VS. N.Y. JETS (10/22):

- Helped QB Matt Moore engineer the 5th 4th-quarter comeback of his career as Miami QBs combined to pass for 326 yards and 4 TDs.

2016 (MIAMI):

- Started all 16 games at right tackle.
- Helped RB Jay Ajayi eclipse the 1,000-yard mark (1,272 rushing yards) for the 1st time in his career.
- Ajayi's 1,272 rushing yards were 3rd in Dolphins history.

VS. PITTSBURGH (10/16):

- Blocked for RB Jay Ajayi, who rushed for 204 yards for his first 100-yard effort.

VS. BUFFALO (10/23):

- Helped RB Jay Ajayi rush for 214 yards, his 2nd straight 200-yard game.

AT BUFFALO (12/24):

- Blocked for RB Jay Ajayi's 3rd 200-yard effort of the season, as he rushed 32 times for 206 yards in the victory.

POSTSEASON:

AFC WILD CARD AT PITTSBURGH (1/8):

Started at right tackle.

2015 (MIAMI):

- Started 7 games at right tackle.
- Inactive for 9 games.
- Helped RB Ryan Tannehill throw for 4,208 yards, the 9th-best mark in the NFL.
- Allowed just 1.5 sacks on the season.

2014 (MIAMI):

- Started all 16 games.
- Started 9 games at right tackle and 7 at left tackle.
- Became the 8th rookie offensive lineman in team history to start all 16 games in a season.
- Helped RB Lamar Miller top the 1,000-yard mark (1,099 rushing yards.) for the 1st time in his career.
- Protected QB Ryan Tannehill as he threw for 4,045 passing yards, the most by a Dolphins QB since 1994 (Dan Marino, 4,453).
- The offense had a 1,000-yard rusher and 4,000-yard passer in the same season for the 1st time.

HONORS:

- NFL.com's Midseason All-Rookie Team.

BEFORE THE NFL

COLLEGE (TENNESSEE):

- 4-year starter (2010-13).

CAREER:

- Started all 49 games at right tackle.
- His 49 starts were the most in school history by an offensive lineman.

SENIOR (2013): Started all 12 games at right tackle.

- All-American honorable mention.
- 2nd-team All-SEC.
- Team captain.

JUNIOR (2012): Started all 12 games at right tackle.

- 1st-team All-SEC.

SOPHOMORE (2011): Started all 12 games at right tackle.

- 2nd-team All-SEC.

TRUE FRESHMAN (2010): Started all 13 games at right tackle.

- SEC All-Freshman Team.

HIGH SCHOOL (NORTH GWINNETT HS – SUWANEE, GA.)

SENIOR (2009): Helped his team to the state quarterfinals.

OFF THE FIELD

COMMUNITY:

- Participated in the Miami Dolphins “All-Community Team” program under the group name “Ja’Wuan’s Zone Blockers,” and purchased tickets, food vouchers, T-shirts and parking to each of the team’s regular season home games and donated them to a charitable organization.

PERSONAL:

- Participated in the Stephen Ross externship at Hard Rock Stadium during the 2017 offseason.
- Named after former NBA player and current Miami Heat assistant coach Juwan Howard.
- **PRONUNCIATION:** First name is pronounced JUH-wan.
- **MAJOR:** Arts and sciences.

JA’WUAN JAMES’ NFL REGULAR SEASON STATS

GAMES/STARTS: 2014: 16/16, 2015: 7/7, 2016: 16/16, 2017: 8/8, 2018: 15/15

NFL TOTALS: 62/62

JA’WUAN JAMES’ NFL PLAYOFF STATS

GAMES/STARTS: 2016: 1/1

PLAYOFF TOTALS: 1/1

ADDITIONAL STATS

Miscellaneous Tackles: 1 in 2018.