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MICHAEL PALARDY

PUNTER // 5-11 // 200 // TENNESSEE '14

ACQUIRED: FA, '21

HOMETOWN: CORAL SPRINGS, FLA. // BORN: 7/6/92

NFL: FIFTH SEASON // DOLPHINS: FIRST SEASON

NFL CAREER

TRANSACTIONS:

- Signed by Miami on March 15, 2021.
- Released by Carolina on Feb. 19, 2021.
- Signed by Carolina on Nov. 14, 2016.
- Released from Atlanta's practice squad on Oct. 10, 2016.
- Signed to Atlanta's practice squad on Oct. 5, 2016.
- Released from Cleveland's practice squad on Sept. 22, 2016.
- Signed to Cleveland's practice squad on Sept. 6, 2016.
- Waived by Cleveland on Sept. 4, 2016.
- Signed by Cleveland on Aug. 31, 2016.
- Waived by Indianapolis on Aug. 15, 2016.
- Signed by Indianapolis Aug. 6, 2016.
- Waived by Baltimore on Aug. 3, 2016.
- Signed by Baltimore on July 30, 2016.
- Waived by Carolina on June 8, 2016.
- Signed by Carolina on April 5, 2016.
- Waived by St. Louis on Sept. 1, 2015.
- Signed by St. Louis on Jan. 5, 2015.
- Signed to Oakland's practice squad on Dec. 24, 2014.
- Waived by Oakland on Aug. 7, 2014.
- Signed as an undrafted college free agent by Oakland on June 5, 2014.

CAREER HONORS:

- AFC Special Teams Player of the Week (vs. N.Y. Giants, 12/5/21).

CAREER HIGHLIGHTS:

- Played in 72 career games.
- 321 punts for 14,500 yards (45.2 avg.) and 118 inside the 20.
- 2 solo special teams tackles.
- 1-of-2 passing for 12 yards (50.0 pct.) and a QB rating of 68.8.
- Appeared in 1 postseason game with Carolina.
- His 31 punts inside the 20 in 2021 tied for 5th-most in Dolphins team history.

2021 (MIAMI):

- Played in all 17 games.
- 78 punts for 3,489 yards (44.7 avg.) and a 40.1 net average.

VS. BALTIMORE (11/11): 8 punts for 348 yards (43.5 avg.) and a 42.4 net average.

VS. CAROLINA (11/28): 4 punts for 162 yards (40.5 avg.) and a 40.5 net average.

- Pinned 4 punts inside the 20.

VS. N.Y. GIANTS (12/5): 6 punts for 290 yards (48.3 avg.) and a 44.7 net average.

HONORS:

- AFC Special Teams Player of the Week (vs. N.Y. Giants, 12/5).

2020 (CAROLINA):

- Missed the entire season after being placed on the reserve/non-football injury list on July 28.

2019 (CAROLINA):

- Played in all 16 games.
- 75 punts for 3,452 yards (46.0 avg.) and a 38.7 net average.
- 1 solo special teams tackle.
- 1-of-1 passing for 12 yards and a QB rating of 116.7.

AT TAMPA BAY (10/13): 7 punts for 350 yards (50.0 avg.) and a 48.3 net average.

VS. WASHINGTON (12/1): 8 punts for 338 yards (42.3 avg.) and a 40.1 net average.

VS. NEW ORLEANS (12/29): 7 punts for 347 yards (49.6 avg.) and a 44.0 net average.

- Pinned 4 punts inside the 20.

2018 (CAROLINA):

- Played in all 16 games.
- 61 punts for 2,759 yards (45.2 avg.) and a 41.0 net average.

VS. DALLAS (9/9): 6 punts for 287 yards (47.8 avg.) and a 42.3 net average.

VS. CINCINNATI (9/23): 4 punts for 165 yards (41.3 avg.) and a 39.0 net average.

AT PHILADELPHIA (10/21): 5 punts for 209 yards (41.8 avg.) and a 35.0 net average.

2017 (CAROLINA):

- Played in all 16 games.
- 71 punts for 3,269 yards (46.0 avg.) and 42.4 net average.
- 0-of-1 passing.
- His 42.4 net punting average set a franchise record.

- His 42.4 net punting average ranked 5th in the NFL.
- VS. BUFFALO (9/17):** 6 punts for 249 yards (41.5 avg.) and a 41.2 net average.
- AT TAMPA BAY (10/29):** 7 punts for 353 yards (50.4 avg.) and a 47.1 net average.
- VS. ATLANTA (11/5):** 5 punts for 249 yards (49.8 avg.) and a 47.2 net average.
- POSTSEASON:**
- NFC WILD CARD (1/7):** 3 punts for 145 yards (48.3 avg.) and a 42.7 net average.

2016 (CAROLINA):

- Played in 7 games.
- 36 punts for 1,531 yards (42.5 avg.) and a 37.9 net average.
- 1 solo special teams tackle.
- VS. NEW ORLEANS (11/17):** 6 punts for 280 yards (46.7 avg.) and a 35.7 net average.
- Made his NFL debut.
- AT SEATTLE (12/4):** 6 punts for 254 yards (42.3 avg.) and a 37.0 net average.
- VS. SAN DIEGO (12/11):** 5 punts for 215 yards (43.0 avg.) and a 42.6 net average.

2015 (ST. LOUIS):

- Spent the offseason and training camp with St. Louis.

2014 (OAKLAND):

- Spent 1 game on Oakland's practice squad.
- Spent the offseason and training camp with Oakland.

BEFORE THE NFL

COLLEGE (TENNESSEE):

- 4-year letterman (2010-13).
- CAREER:** Played in 46 games; 117 punts for 5,024 yards (42.9 avg.) and 50 punts inside the 20; 109-of-115 PATs (94.8 pct.); 1-of-4 passing for 5 yards and 1 interception; 1 carry for 16 yards; 7 tackles (5 solo).

SENIOR (2013): Played in all 12 games; 63 punts for 2,801 yards (44.5 avg.) and 33 punts inside the 20; 14-of-17 field goals (82.4 pct.); 34-of-35 PATs (97.1 pct.); 0-of-1 passing with 1 interception; 4 tackles (3 solo).

- 1st-team All-SEC.
- His 33 punts inside the 20 were tied for 1st in FBS.

JUNIOR (2012): Played in all 12 games; 36 punts for 1,551 yards (43.1 avg.); and 16 punts inside the 20; 9-of-12 field goals (75.0 pct.) and 37-of-40 PATs (92.5 pct.); 0-of-1 passing; 2 solo tackles.

SOPHOMORE (2011): Played in 11 games; 14 punts for 515 yards (36.8 avg.) and 1 punt inside the 20; 9-of-14 field goals (64.3 pct.) and 25-of-26 PATs (96.2 pct.); 1-of-2 passing (50 pct.) for 5 yards.

TRUE FRESHMAN (2010): Played in 11 games; 4 punts for 157 yards (39.3 avg.); 5-of-7 field goals (71.4 pct.) and 13-of-14 PATs (92.9 pct.); 1 carry for 16 yards; 1 assisted tackle.

HIGH SCHOOL (ST. THOMAS AQUINAS HS - FORT LAUDERDALE, FLA.)

SENIOR (2009):

- 1st-team All-American.
- 1st-team all-state.
- All-county.

JUNIOR (2008):

- 3rd-team all-state.
- All-county.
- Helped his team win the Florida 5A state championship.

OFF THE FIELD

PERSONAL:

- **PRONUNCIATION:** Last name is pronounced puh-lar-dee.
- **MAJOR:** Communication studies.

MICHAEL PALARDY'S NFL REGULAR SEASON STATS

YEAR	TEAM	GP	PUNT	YDS	AVG	LG	OPP	RET	YDS	NET AVG	TB	IN 20
2016	CAROLINA	7	36	1531	42.5	56			126	37.9	2	13
2017	CAROLINA	16	71	3269	46.0	63			176	42.4	4	25
2018	CAROLINA	16	61	2759	45.2	59			181	41.0	4	24
2019	CAROLINA	16	75	3452	46.0	62			487	38.7	3	25
2020	CAROLINA								RESERVE/NON-FOOTBALL INJURY			
2021	MIAMI	17	78	3489	44.7	65			262	40.1	5	31
NFL TOTALS		72	321	14500	45.2	65			1232	40.2	18	118

ADDITIONAL STATS

Special Teams Tackles: 1 in 2016, 1 in 2019 for total of 2.
Onside Kick Recoveries: 1 in 2019.
Kickoffs: 6 in 2019.

SINGLE-GAME CAREER HIGHS

Punts:	8	Twice, last: vs. Baltimore, 11/11/21
Punt Yards:	353	at Tampa Bay, 10/29/17
Punts Inside the 20:	4	3 times, last: vs. Carolina, 11/28/21
Longest Punt:	65	vs. N.Y. Giants, 12/5/21