



NFL CAREER

TRANSACTIONS:

- Signed by Miami on July 19, 2021.
- Waived by Miami on June 14, 2021.
- Signed by Miami on May 20, 2021.
- Signed to Washington's practice squad on Dec. 1, 2020.
- Released from Cleveland's practice squad on Nov. 9, 2020.
- Signed to Cleveland's practice squad on Oct. 13, 2020.
- Waived by Atlanta on Sept. 15, 2020.
- Awarded off waivers to Atlanta on Sept. 6, 2020.
- Waived by Washington on Sept. 5, 2020.
- Promoted from Washington's practice squad on Dec. 14, 2019.
- Signed to Washington's practice squad on Sept. 1, 2019.
- Waived by Washington on Aug. 31, 2019.
- Promoted from Washington's practice squad on Dec. 21, 2018.
- Signed to Washington's practice squad on Sept. 2, 2018.
- Waived by Washington on Sept. 1, 2018.
- Signed by Washington as an undrafted college free agent on May 1, 2018.

CAREER HIGHLIGHTS:

- Played in 4 career games.

2020 (WASHINGTON/ATLANTA/CLEVELAND):

- Spent 5 games on Washington's practice squad.
- Spent 3 games on Cleveland's practice squad.
- Inactive for 1 game with Atlanta.

2019 (WASHINGTON):

- Played in 3 games.
- Spent 13 games on Washington's practice squad.

VS. PHILADELPHIA (12/15): Played but did not

record any stats.

VS. N.Y. GIANTS (12/22): Played but did not record any stats.

AT DALLAS (12/29): Played but did not record any stats.

2018 (WASHINGTON):

- Played in 1 game.
- Dressed but did not play in 1 game.
- Spent 14 games on Washington's practice squad.

AT TENNESSEE (12/22): Played but did not record any stats.

- Made his NFL debut.

BEFORE THE NFL

COLLEGE (STONY BROOK):

- 4-year starter (2014-17).

CAREER: Started 41 games – 39 at left tackle and 2 at right tackle.

SENIOR (2017): Started 8 games at left tackle.

- 1st-team FCS All-American.
- 1st-team All-Colonial Athletic Association.

JUNIOR (2016): Started all 11 games at left tackle.

- 2nd-team FCS All-American.
- 1st-team All-CAA.

SOPHOMORE (2015): Started all 10 games at left tackle.

- 2nd-team All-CAA.

REDSHIRT FRESHMAN (2014): Started all 12 games – 10 at left tackle and 2 at right tackle.

- Redshirted in 2013.

HIGH SCHOOL (FLORAL PARK HS – FLORAL PARK, N.Y.)

- Played guard and defensive tackle.
- Also lettered in track and field where he earned all-conference honors in shot put and discus.

SENIOR (2012): 29 tackles and 3 sacks.

- All-county.
- Team captain.

TIMON PARRIS' NFL REGULAR SEASON STATS

GAMES/STARTS: (Washington) 2018: 1/0, 2019: 3/0

NFL TOTALS: 4/0