



LINEBACKER // 6-5 // 263 // MIAMI (FLA.) '21
ACQUIRED: D1B, '21
HOMETOWN: REDLANDS, CALIF. // BORN: 5/28/99
NFL: FOURTH SEASON // DOLPHINS: FOURTH SEASON

NFL CAREER

TRANSACTIONS:

- 1st-round pick (18th overall) by Miami in the 2021 NFL Draft.

CAREER HONORS:

- 2022 Walter Payton Man of the Year nominee (Miami).
- NFLPA Community MVP (Week 8, 2022).
- 2021 Nat Moore Community Service Award winner.
- 2021 PFWA All-Rookie Team.

CAREER HIGHLIGHTS:

- Played in 44 career games with 28 starts.
- 148 tackles (89 solo), 23.0 sacks, 1 interception, 5 passes defended, 1 forced fumble and 3 fumble recoveries.
- 1 blocked punt.
- Started 1 postseason game.
- Became 2nd player in Dolphins history to begin his career with at least 7 sacks in each of his 1st 2 NFL seasons.
- His 8.5 sacks in 2021 set a Dolphins rookie record:

DOLPHINS ROOKIE SACK LEADERS

PLAYER	YEAR	SACKS
1. JAELAN PHILLIPS	2021	8.5
2. Bill Stanfill	1969	8.0
Lorenzo Bromell	1998	8.0
4. A.J. Duhe	1977	7.0
5. Marco Coleman	1992	6.0

- His 8.5 sacks in 2021 were 2nd among all NFL rookies:

NFL ROOKIE SACK LEADERS (2021)

PLAYER	TEAM	SACKS
1. Micah Parsons	Dal.	13.0
2. JAELAN PHILLIPS	MIA.	8.5
3. Azeez Ojulari	NYG	8.0
4. Odafe Oweh	Bal.	5.0
5. Several players		4.0

2024 (MIAMI):

- Started 2 games.
- 2 tackles (1 solo) and 1.0 sack.

VS. JACKSONVILLE (9/8): 2 tackles (1 solo) and 1.0 sack.

- Sacked QB Trevor Lawrence for a loss of 6 yards

on 3rd-and-14, forcing Jacksonville to punt with 2:19 remaining in the game.

2023 (MIAMI):

- Played in 8 games with 6 starts.
- Inactive for 3 games.
- Missed the rest of the season after being placed on injured reserve on Nov. 28.
- 43 tackles (28 solo), 6.5 sacks, 1 interception and 2 passes defended.

AT L.A. CHARGERS (9/10): 11 tackles (6 solo) and 0.5 sack.

- Split a sack of QB Justin Herbert with CB Justin Bethel on 4th-and-12 to seal the Dolphins victory.

AT PHILADELPHIA (10/22): 7 tackles (5 solo) and 1.0 sack.

- Sacked QB Jalen Hurts for a loss of 10 yards on 1st down, forcing the Eagles to let time expire and go into halftime.

VS. LAS VEGAS (11/19): 6 tackles (5 solo), 2.0 sacks, 1 interception and 1 pass defended.

- Sacked QB Aidan O'Connell for a loss of 8 yards on 3rd-and-3 early in the fourth quarter, forcing a Raiders punt.

- Sacked QB Aidan O'Connell for a loss of 3 yards with 4:46 remaining in the 4th quarter.

- Intercepted QB Aidan O'Connell on an errant pass and returned it 5 yards to give Miami the ball back with 3:04 remaining in the 4th quarter for his 1st career interception.

AT N.Y. JETS (11/24): 4 tackles (3 solo), 1.0 sack and 1 pass defended.

- Sacked QB Tim Boyle for a loss of 2 yards on 2nd-and-1 with 14:04 remaining in the 4th quarter.

2022 (MIAMI):

- Played in all 17 games with 15 starts.
- 61 tackles (37 solo), 7.0 sacks, 2 passes defended, 1 forced fumble and 2 fumble recoveries.
- 1 blocked punt.

VS. PITTSBURGH (10/23): 8 tackles (4 solo) and 1.5 sacks.

- Sacked QB Kenny Pickett for a loss of 11 yards on a 2nd-and-11 snap in the 3rd quarter.

- Split a sack with DT Christian Wilkins on QB Kenny Pickett on a 2nd-and-10 play with less than 2 minutes remaining in the game.

AT CHICAGO (11/6): 5 tackles (3 solo) and 1 blocked punt.

- Blocked a punt in the 2nd quarter that was recovered by LB Andrew Van Ginkel and returned 25 yards for a TD.
 - It was the longest blocked punt return for a TD in franchise history.
- AT BUFFALO (12/17):** 3 tackles (2 solo), 1.0 sack and 1 forced fumble.
- Strip-sacked QB Josh Allen in the 4th quarter, which was recovered by DT Christian Wilkins.

POSTSEASON:

AFC WILD CARD AT BUFFALO (1/15): 9 tackles (4 solo) and 0.5 sack.

- Split a sack with DB Elijah Campbell of QB Josh Allen on a 2nd-and-11 snap in the 4th quarter.

HONORS:

- Walter Payton Man of the Year nominee (Miami).
- NFLPA Community MVP (Week 8)

2021 (MIAMI):

- Played in all 17 games with 5 starts.
- 42 tackles (23 solo), 8.5 sacks, 1 pass defended and 1 fumble recovery.
- Set a Dolphins rookie record with 8.5 sacks, which were 2nd among all NFL rookies that season.

AT NEW ENGLAND (9/12): Played but did not record any stats.

- Made his NFL debut.

AT TAMPA BAY (10/10): 4 tackles (2 solo) and 1.0 sack.

- Sacked QB Tom Brady for a loss of 5 yards in the 3rd quarter.
- It was his 1st career sack.

VS. CAROLINA (11/28): 4 tackles (3 solo), 3.0 sacks and 1 pass defended.

- Sacked QB Cam Newton for a loss of 14 yards in the 3rd quarter.
- Sacked QB PJ Walker for a loss of 10 yards in the 4th quarter.
- Sacked QB PJ Walker for a loss of 4 yards in the 4th quarter.
- Became 3rd rookie in Dolphins history to record a 3-sack game (D.J. Duhe, 11/6/77 and Marco Coleman, 10/25/92).
- Became 1st NFL rookie since Nov. 17, 2019 (4, Maxx Crosby) to record 3+ sacks in a game.

VS. N.Y. GIANTS (12/5): 3 solo tackles and 2.0 sacks.

- Sacked QB Mike Glennon for a loss of 13 yards on 1st-and-10 in the 3rd quarter.
- Sacked QB Mike Glennon on back-to-back plays for a loss of 7 yards on 2nd-and-23 in the 3rd quarter.
- Set a new Dolphins rookie record for most sacks in a season.
- Became the 1st NFL rookie to record at least 6 sacks in a 3-game span since DE Julius Peppers in 2002.

VS. NEW ENGLAND (1/9): 2 tackles (1 solo) and 1 fumble recovery.

- Recovered a QB Mac Jones fumble in the 3rd quarter.

HONORS:

- PFWA All-Rookie Team.
- Nat Moore Community Service Award winner.
- Became the 1st rookie to win the award, given each year to a player recognized for his

involvement in the South Florida community.

BEFORE THE NFL

COLLEGE (MIAMI):

- 1-year starter (2020).
- Transferred to Miami from UCLA following his sophomore season in 2018.

CAREER (AT MIAMI): Started 10 games; 45 tackles (21 solo), 8 sacks, 1 interception and 4 passes defended.

REDSHIRT JUNIOR (2020 AT MIAMI): Started 10 games; 45 tackles (21 solo), 8 sacks, 1 interception and 4 passes defended.

- 1st-team All-American.
- 2nd-team All-ACC.

JUNIOR (2019 AT MIAMI):

- Redshirted due to NCAA transfer rules.

SOPHOMORE (2018 AT UCLA): Played in 4 games with 2 starts; 20 tackles (12 solo) and 1 sack.

TRUE FRESHMAN (2017 AT UCLA): Played in 7 games with 4 starts; 21 tackles (16 solo), 3.5 sacks and 2 passes defended.

HIGH SCHOOL (REDLANDS EAST VALLEY HS – REDLANDS, CALIF.)

SENIOR (2016): 142 tackles and 21 sacks.

- 1st-team All-American.
- 1st-team all-state.
- Division co-defensive player of the year.

JUNIOR (2015): 76 tackles, 10.5 sacks and 2 interceptions.

OFF THE FIELD

COMMUNITY:

2023:

- As a Dolphins Challenge Cancer executive board member, he hosted “The Art of Giving Back” event, partnering with Gallery Dept and the Miami Design District, to showcase art and fashion by Gallery Dept founder Josué Thomas. The first-ever event led by Phillips surpassed his goal, raising more than \$53,000 to benefit Sylvester Comprehensive Cancer Center at UHealth.
- Co-hosted a holiday toy giveaway with teammate Bradley Chubb at the Lester H. White NFL YET Center Boys & Girls Club, providing gifts and meals from Reggae Beats, a Miami Dolphins minority-owned restaurant partner.

2022:

- Joined the Dolphins Challenge Cancer executive board
- Co-hosted a holiday toy giveaway with teammate Bradley Chubb at the Jim & Jan Moran Boys & Girls Club of Broward County, providing toys for 250 kids and meals from Troy’s BBQ.
- Provided Thanksgiving meals for 50 families from Casey Cares, Break the Cycle and Alex’s Place at the Sylvester Comprehensive Cancer Center – organizations dedicated to the care and treatment or fight against cancer.
- Along with defensive teammates, hosted a Thanksgiving dinner at Hard Rock Stadium for 100 kids from Big Brothers Big Sisters of Broward

and Miami.

- Joined The VERB Kind's "Come To Jail With Me" program to visit youth at the Broward Regional Juvenile Detention Center.
- Along with WR Mack Hollins, became the 1st Dolphins players to participate in the 100-mile ride at DCC XII and surpassed \$3,000 in fundraising to benefit Sylvester Comprehensive Cancer Center.

2021:

- At Lotus House – a shelter in the Miami Overtown neighborhood for women and children – provided Halloween costumes for the children and hosted a Thanksgiving cookie decorating event.
- Volunteered at the Miami Dolphins holiday event to spend time with and provide dinner and children's gifts for South Florida families.
- Along with fellow Dolphins rookies, teamed up with Neighbors4Neighbors to provide South Florida families with holiday gifts.
- Chose the Juvenile Diabetes Research Foundation (JDRF) for My Cause My Cleats to raise awareness and support research for Type 1 diabetes in honor of his cousin.

- Volunteered at the Miami Dolphins Food Relief Program Thanksgiving meal distribution with Feeding South Florida to provide 1,000 meal boxes to South Florida families.
- With the Miami Dolphins Foundation, donated \$10,000 to help purchase an ambulance to assist with immediate relief efforts following the August earthquake.
- Volunteered with Miami Rescue Mission to serve meals and visit residents.
- Partnered with the Miami Dolphins Food Relief Program to provide meals for displaced residents of a North Miami Beach condo building that was evacuated following the Surfside building collapse.
- Joined the Miami Dolphins Social Impact Committee to positively impact civic engagement, education, and economic empowerment in South Florida.

PERSONAL:

- **PRONUNCIATION:** First name is pronounced JAY-len.
- **MAJOR:** Communications.

JAE LAN PHILLIPS' NFL REGULAR SEASON STATS															
YEAR	TEAM	GP	GS	TACKLES					INTERCEPTIONS					FUMBLES	
				TOT	SOLO	ASST	SK	YDS	INT	YDS	LG	TD	PD	FF	FR
2021	MIAMI	17	5	42	23	19	8.5	71.5	0	0	-	0	1	0	1
2022	MIAMI	17	15	61	37	24	7.0	38.0	0	0	-	0	2	1	2
2023	MIAMI	8	6	43	28	15	6.5	36.5	1	5	5	0	2	0	0
2024	MIAMI	2	2	2	1	1	1.0	6.0	0	0	-	0	0	0	0
NFL TOTALS		44	28	148	89	59	23.0	152.0	1	5	5	0	5	1	3

JAE LAN PHILLIPS' NFL PLAYOFF STATS															
YEAR	TEAM	GP	GS	TACKLES					INTERCEPTIONS					FUMBLES	
				TOT	SOLO	ASST	SK	YDS	INT	YDS	LG	TD	PD	FF	FR
2022	MIAMI	1	1	9	4	5	0.5	0.0	0	0	-	0	0	0	0
PLAYOFF TOTALS		1	1	9	4	5	0.5	0.0	0	0	-	0	0	0	0

ADDITIONAL STATS

Blocked Kicks: 1 blocked punt in 2022.

SINGLE-GAME CAREER HIGHS

- Tackles:** 11 at L.A. Chargers, 9/10/23
- Sacks:** 3.0 vs. Carolina, 11/28/21
- Interceptions:** 1 vs. Las Vegas, 11/19/23
- Passes Defensed:** 5 times, last: at N.Y. Jets, 11/24/23
- Forced Fumbles:** 1 at Buffalo, 12/17/22
- Fumble Recoveries:** 1 3 times, last: vs. Minnesota, 10/16/22