



## NFL CAREER

### TRANSACTIONS:

- Signed by Miami as an unrestricted free agent from Dallas on March 17, 2022.
- 2nd-round pick (50th overall) by Dallas in the 2018 NFL Draft.

### CAREER HIGHLIGHTS:

- Played in 83 career games with 77 starts – 47 at left guard, 27 at center, 2 at right guard and 1 at fullback.
- 3 miscellaneous tackles.
- Started 4 postseason games – 3 with Dallas and 1 with Miami.

### 2023 (MIAMI):

- Started 9 games at center.
- Dressed but did not play in 1 game.
- Inactive for 3 games.
- Missed the rest of the season after being placed on injured reserve on Dec. 13.

#### AT L.A. CHARGERS (9/10):

- Started at center.
- Helped the offense total 536 yards and 36 points while not allowing QB Tua Tagovailoa to get sacked.

#### VS. DENVER (9/24):

- Started at center.
- Helped the offense break team records for points (70), total yards (726) and rushing yards (350), while not surrendering a sack.

#### AT WASHINGTON (12/3):

- Started at center.
- Helped the Dolphins total 406 yards and 45 points while not surrendering a sack.

### 2022 (MIAMI):

- Started all 17 games at center.

#### VS. NEW ENGLAND (9/11):

- Started at center.
- Made his Dolphins debut.

#### AT BALTIMORE (9/18):

- Started at center.
- Helped the Dolphins overcome a 21-point fourth-quarter deficit and post 547 total yards in the win.

#### AT DETROIT (10/30):

- Started at center.
- Helped the Dolphins total 476 yards of offense in the come-from-behind victory.

#### VS. CLEVELAND (11/13):

- Started at center.
- Helped the offense total 491 yards and 39 points while not allowing QB Tua Tagovailoa to get sacked.

### POSTSEASON:

**AFC WILD CARD AT BUFFALO (1/15):** Started at center.

### 2021 (DALLAS):

- Played in all 17 games with 14 starts – 13 at left guard and 1 at fullback.

#### AT TAMPA BAY (9/9):

Started at left guard.

#### AT NEW ENGLAND (10/17):

Started at left guard.

- Protected QB Dak Prescott as the team did not allow a sack.

#### VS. WASHINGTON (12/26):

Started at left guard.

### POSTSEASON:

**NFC WILD CARD VS. SAN FRANCISCO (1/16):** Started at left guard.

### 2020 (DALLAS):

- Started all 16 games – 15 at left guard and 1 at center.
- 1 miscellaneous tackle.

#### VS. ATLANTA (9/20):

Started at left guard.

- Paved the way for a ground attack that scored 4 rushing touchdowns, including 3 from QB Dak Prescott.

#### AT CINCINNATI (12/13):

Started at left guard.

#### VS. PHILADELPHIA (12/27):

Started at left guard.

### 2019 (DALLAS):

- Started 11 games at left guard.
- Inactive for 1 game.
- Missed the final 4 games after being placed on injured reserve on Dec. 2.

#### VS. MIAMI (9/22):

- Started at left guard.
- Paved the way for RB Ezekiel Elliott and RB Tony Pollard to each have a 100-yard rushing output.

#### VS. GREEN BAY (10/6):

- Started at left guard.
- Helped the offense produce a season-high 563 yards of total offense.

#### AT N.Y. GIANTS (11/4):

- Started at left guard.
- Protected QB Dak Prescott as the team did not allow a sack.

### 2018 (DALLAS):

- Played in 13 games with 10 starts – 8 at left guard and 2 at right guard.
- Dressed but did not play in 2 games.
- Inactive for 1 game.

#### AT CAROLINA (9/9):

Started at left guard.

- Made his NFL debut.
- VS. DETROIT (9/30):** Started at left guard.
- Blocked for RB Ezekiel Elliott to have a 152-yard rushing game.
- VS. JACKSONVILLE (10/14):** Started at left guard.
- POSTSEASON:**
- NFC WILD CARD VS. SEATTLE (1/5):** Started at left guard.
- NFC DIVISIONAL AT L.A. RAMS (1/12):** Started at left guard.

## BEFORE THE NFL

### COLLEGE (TEXAS):

- 3-year starter (2015-17)
- CAREER:** Played in 29 games with 28 starts at left tackle.
- JUNIOR (2017):** Started 5 games at left tackle.
- SOPHOMORE (2016):** Played in all 12 games with 11 starts at left tackle
- 1st-team All-American.
  - 1st-team All-Big-12.

**TRUE FRESHMAN (2015):** Started all 12 games at left tackle.

- 1st-team Freshman All-American.
- Honorable mention All-Big-12.

### HIGH SCHOOL (COPPELL HS – COPPELL, TEXAS)

- Played tight end and also on the offensive and defensive lines.
- SENIOR (2014):** 38 tackles, 3.0 sacks, 5 forced fumbles and 2 passes defended.
- 2nd-team all-state.
  - 2nd-team all-area.
  - 1st-team all-district.
- JUNIOR (2013):** 3 receptions for 20 yards and 1 TD.
- 2nd-team all-district.

## OFF THE FIELD

### PERSONAL:

- **MAJOR:** Business finance.

## CONNOR WILLIAMS' NFL REGULAR SEASON STATS

**GAMES/STARTS:** (Dallas) 2018: 13/10, 2019: 11/11, 2020: 16/16, 2021: 17/14, (Miami) 2022: 17/17, **NFL TOTALS: 83/77**  
2023: 9/9

## CONNOR WILLIAMS' NFL PLAYOFF STATS

**GAMES/STARTS:** (Dallas) 2018: 2/2, 2021: 1/1, (Miami) 2022: 1/1 **PLAYOFF TOTALS: 4/4**

### ADDITIONAL STATS

**Miscellaneous Tackles:** (Dallas) 1 in 2018, 1 in 2019, 1 in 2020 for total of 3.

**Miscellaneous Fumble Recoveries:** (Miami) 1 in 2022.