



Steve Gregory joined the Miami Dolphins as a coaching assistant in 2021 and was promoted to safeties coach in 2022.

The 2022 season marks Gregory's fifth as an NFL coach following an eight-year NFL playing career.

As a coaching assistant in 2021, Gregory worked primarily with Miami's defensive backs. He helped the Dolphins finish in the top half of the NFL in scoring defense (21.9), total defense (337.5), passing defense (222.7), takeaways (26) and interceptions (14). Safety Brandon Jones led all NFL defensive backs with five sacks, which was the most by a Dolphins defensive back since sacks became an official statistic in 1982. Rookie safety Jevon Holland was the only AFC player with multiple sacks, interceptions and fumble recoveries that season.

Gregory was promoted to defensive backs coach by Detroit in 2020. Three of Detroit's top four tacklers were safeties including Tracy Walker (81), Duron Harmon (70) and Jayron Kearse (56). At the time, the marks were career highs for Harmon and Kearse.

Gregory's first NFL coaching job came as a defensive assistant for Detroit from 2018-19. Working primarily with the secondary, the Lions had the third-most passes defended (42) by cornerbacks in the NFL in 2019. Cornerback Darius Slay earned Pro Bowl selections both seasons.

Gregory's first coaching job came at his alma mater, Syracuse, in 2015 when he served as special teams quality control.

Gregory played eight seasons in the NFL at safety. He spent six seasons (2006-11) in San Diego and two (2012-13) in New England. Gregory appeared in 111 career games with 54 starts, totaling 325 tackles (251 solo), three sacks, seven interceptions, 25 passes defended, two forced fumbles and five fumble recoveries. He also had 32 special teams tackles (27 solo).

During his playing career, Gregory played in 11 postseason games with five starts. He appeared in three AFC Championship games (2007, 2012 and 2013).

Gregory played cornerback and wide receiver at Syracuse (2002-05). He led the nation with 21 passes defended as a freshman in 2002 and ranked third in school history with 40 career passes defended. He also earned Freshman All-America honors. He earned his bachelor's degree in finance and marketing.

A Brooklyn, New York native, Gregory and his wife, Rosanne, have two daughters, Aviana and Vivienne.

STEVE GREGORY'S COACHING CAREER

2015	Syracuse	Special Teams Quality Control
2018-20	Detroit Lions	Defensive Assistant (2018-19) Defensive Backs (2020)
2021-present	Miami Dolphins	Coaching Assistant (2021) Safeties (2022)