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## XAVIEN HOWARD

CORNERBACK // 6-1 // 203 // BAYLOR '16  
 ACQUIRED: D2, '16  
 HOMETOWN: HOUSTON, TEXAS // BORN: 7/4/93  
 NFL: EIGHTH SEASON // DOLPHINS: EIGHTH SEASON



2018, 2020, 2021, 2022



2022, 2023

### NFL CAREER

#### TRANSACTIONS:

- 2nd-round pick (38th overall) by Miami in the 2016 NFL Draft.

#### CAREER HONORS:

- 2022 Pro Bowl selection.
- No. 56 on the NFL Network Top 100 list in 2022.
- 2021 Pro Bowl selection.
- AFC Defensive Player of the Week (vs. Baltimore, 11/11/21).
- No. 17 on the NFL Network Top 100 list in 2021.
- 2020 1st-team All-Pro.
- 2020 1st-team PFWA All-NFL.
- 2020 1st-team PFWA All-AFC.
- 2020 Pro Bowl selection.
- 2020 Dan Marino Team MVP Award.
- No. 55 on the NFL Network Top 100 list in 2019.
- 2018 Pro Bowl selection.
- 2018 Dan Marino Team MVP Award.
- AFC Defensive Player of the Week (vs. Buffalo, 12/2/18).
- AFC Defensive Player of the Week (vs. New England, 12/11/17).

#### CAREER HIGHLIGHTS:

- Played in 97 career games with 96 starts.
- 324 tackles (253 solo), 2.0 sacks, 29 interceptions, 91 passes defended, 4 forced fumbles and 5 fumble recoveries; 2 interception returns for TDs; 2 fumble returns for TDs.
- His 29 interceptions since 2017 lead the league:

#### MOST INTERCEPTIONS (2017-PRESENT)

PLAYER	TEAM	INT
1. <b>XAVIEN HOWARD</b>	<b>MIA.</b>	<b>29</b>
2. Kevin Byard	Ten./Phi.	28
Justin Simmons	Den.	28
4. J.C. Jackson	LAC/NE	26
5. Quandre Diggs	Det./Sea.	24

- His 29 interceptions are tied for 4th-most in Dolphins history:

#### MOST INTERCEPTIONS IN DOLPHINS HISTORY

PLAYER	YEARS	INT
1. Jake Scott	1970-75	35
2. Dick Anderson	1968-77	34
3. Sam Madison	1997-2005	31
4. <b>XAVIEN HOWARD</b>	<b>2016-23</b>	<b>29</b>
Glenn Blackwood	1979-87	29
Patrick Surtain	1998-2004	29

- His 91 career passes defended are 2nd-most in Dolphins history (since records were tracked in 1991):

#### MOST PASSES DEFENSED IN TEAM HISTORY (SINCE 1991)

PLAYER	YEARS	PD
1. Sam Madison	1997-2005	104
2. <b>XAVIEN HOWARD</b>	<b>2016-23</b>	<b>91</b>
3. Patrick Surtain	1998-2004	86
4. Jason Taylor	1997-07, '09, '11	84
5. Terrell Buckley	1995-99, 2003	77

- His 10 interceptions in 2020 led the NFL and were the most in a season since 2007 when San Diego CB Antonio Cromartie had 10:

#### NFL INTERCEPTION LEADERS (2020)

PLAYER	TEAM	INT	YDS	TD
1. <b>XAVIEN HOWARD</b>	<b>MIAMI</b>	<b>10</b>	<b>77</b>	<b>0</b>
2. J.C. Jackson	New England	9	80	0
3. Tyrann Mathieu	Kansas City	6	70	1
4. Justin Simmons	Denver	5	90	0
Quandre Diggs	Seattle	5	57	0
Harrison Smith	Minnesota	5	33	0

- Intercepted passes in 5 consecutive games (11/15/20-12/13/20), which is tied for the longest streak in Dolphins history.

- Tied for the NFL lead with 7 interceptions in 2018:

#### NFL INTERCEPTION LEADERS (2018)

PLAYER	TEAM	INT	YDS	TD
1. <b>XAVIEN HOWARD</b>	<b>MIAMI</b>	<b>7</b>	<b>54</b>	<b>0</b>
Kyle Fuller	Chicago	7	52	0
Damontae Kazee	Atlanta	7	52	0
4. Eddie Jackson	Chicago	6	81	2

- His 7 interceptions in 2018 were tied for 9th in single-season team history.

- His 3 multi-interception games in 2018 is a Dolphins single-season record.

- Became the 4th player and 2nd CB in team history to have multiple years with 7-plus interceptions.
- Became 1st player in Dolphins history to have multiple interceptions in consecutive games when he had two interceptions in games vs. Denver on 12/3/17 and vs. New England on 12/11/17. He did it again at Indianapolis on 11/25/18 and vs. Buffalo on 12/2/18.
- Was 1 of just 4 NFL players to post at least 5 passes defended in a game in the 2017 season when he had 5 passes defended vs. Denver on 12/3/17.
- On 12/11/17 vs. New England, he became 1st player to intercept Patriots QB Tom Brady twice in the same game since Indianapolis' Mike Adams on Nov. 16, 2014.
- Started 2 postseason games.
- Is a 2-time team captain (2022-23).

### 2023 (MIAMI):

- Started 10 games.
  - Inactive for 2 games.
  - 38 tackles (31 solo), 1 interception and 8 passes defended.
  - Serves as team captain.
- AT L.A. CHARGERS (9/10):** 6 tackles (5 solo), 1 pass defended.
- AT NEW ENGLAND (9/17):** 6 solo tackles, 1 interception and 1 pass defended.
- Intercepted a pass from QB Mac Jones on 1st down in the 3rd quarter at Miami's own 3-yard line.
- VS. LAS VEGAS (10/20):** 7 tackles (5 solo) and 1 pass defended.

### 2022 (MIAMI):

- Started 15 games.
  - Inactive for 2 games.
  - 45 tackles (35 solo), 1 interception, 12 passes defended and 2 fumble recoveries; 1 fumble return for a TD.
  - Served as a team captain.
- VS. NEW ENGLAND (9/11):** 2 solo tackles and 1 pass defended.
- Deflected a pass from QB Mac Jones in the end zone that was intercepted by S Jevon Holland on New England's first possession.
- VS. CLEVELAND (11/13):** 4 tackles (1 solo) and 1 fumble recovery.
- Recovered a fumble forced by DT Zach Sieler in the 1st quarter.
- VS. HOUSTON (11/27):** 1 pass defended and 1 fumble recovery.
- Recovered a fumble forced by S Eric Rowe in the 2nd quarter and returned it 16 yards for his 4th career TD.
- AT SAN FRANCISCO (12/4):** 3 solo tackles, 1 interception and 2 passes defended.
- Intercepted a pass from QB Brock Purdy on a 4th down in the 2nd half.

### POSTSEASON:

- AFC WILD CARD AT BUFFALO (1/15):** 3 solo tackles, 1 interception and 2 passes defended.
- Intercepted QB Josh Allen in the 2nd quarter and returned it 49 yards for the 3rd-longest

postseason interception return in Dolphins history.

- It was his 2nd career postseason interception.

### PRO BOWL:

- Selected to the Pro Bowl for the 4th time in his career.
- Became the 1st Dolphins player selected to a 4th Pro Bowl since Cameron Wake (2010, 2012-14, 2016).
- Became just the 2nd Dolphins cornerback to earn at least 4 Pro Bowl selections, joining Sam Madison (1999-2002).

### HONORS:

- No. 56 on the NFL Network Top 100 list.

### 2021 (MIAMI):

- Started 16 games.
  - Inactive for 1 game.
  - 50 tackles (39 solo), 1.0 sack, 5 interceptions, 16 passes defended, 2 forced fumbles and 2 fumble recoveries; 1 interception return for a TD; 1 fumble return for a TD.
- AT NEW ENGLAND (9/12):** 5 tackles (4 solo), 1 forced fumble and 1 fumble recovery.
- Forced a RB Damien Harris fumble inside the 10-yard line and recovered it in the 4th quarter with 3:35 remaining to preserve the win.
- VS. BALTIMORE (11/11):** 5 solo tackles, 1 forced fumble and 1 fumble recovery; 1 fumble return for a TD.
- Forced a WR Sammy Watkins fumble on 3rd-and-10 in the 4th quarter and returned it 49 yards for a TD.
- VS. CAROLINA (11/28):** 1 solo tackle, 1 interception and 1 pass defended.
- Intercepted a QB Cam Newton pass intended for WR DJ Moore on 2nd-and-15 in the 2nd quarter.
- VS. NEW ENGLAND (1/9):** 3 solo tackles, 1 interception and 1 pass defended; 1 interception return for a TD.
- Intercepted a QB Mac Jones pass intended for WR Jakobi Meyers on 3rd-and-1 in the 1st quarter and returned it 37 yards for a TD to extend Miami's lead to 14-0.

### PRO BOWL:

- Selected to start the Pro Bowl for the 3rd time in his career.
- Became the 2nd Dolphins cornerback to start 3+ Pro Bowls, joining Sam Madison (1999-2001).

### HONORS:

- AFC Defensive Player of the Week (vs. Baltimore, 11/11).
- No. 17 on the NFL Network Top 100 list.

### 2020 (MIAMI):

- Started all 16 games.
  - 51 tackles (40 solo), 10 interceptions, 20 passes defended and 1 forced fumble.
  - His 10 interceptions in 2020 tied the single-season franchise record set by CB Dick Westmoreland in 1967 and were the most by an NFL player since 2007 (Antonio Cromartie).
- AT SAN FRANCISCO (10/11):** 2 tackles (1 solo), 1 interception and 2 passes defended.
- Intercepted a QB Jimmy Garoppolo pass

intended for WR Deebo Samuel and returned it 29 yards in the 2nd quarter.

**VS. L.A. CHARGERS (11/15):** 3 tackles (1 solo), 1 interception and 2 passes defended.

- Intercepted a QB Justin Herbert pass intended for WR Mike Williams in the 4th quarter.

**AT N.Y. JETS (11/29):** 3 tackles (2 solo), 1 interception and 3 passes defended.

- Intercepted a QB Sam Darnold pass intended for WR Breshad Perriman in the 4th quarter.

#### **PRO BOWL:**

- Selected to start the Pro Bowl for the 2nd time in his career.
- Became the 4th Dolphins cornerback to earn multiple Pro Bowl selections, joining Sam Madison (1999-2002), Patrick Surtain (2002-04) and Brent Grimes (2013-15).

#### **HONORS:**

- 1st-team All-Pro.
- 1st-team PFWA All-NFL.
- 1st-team PFWA All-AFC.
- Recipient of the Dan Marino Team MVP Award.

#### **2019 (MIAMI):**

- Started 5 games.
- Inactive for 2 games.
- Missed the rest of the season after being placed on injured reserve on Oct. 30.
- 17 tackles (12 solo), 1 interception and 4 passes defended.

**VS. NEW ENGLAND (9/15):** 4 tackles (3 solo) and 1 pass defended.

**VS. L.A. CHARGERS (9/29):** 5 tackles (4 solo).

**AT PITTSBURGH (10/29):** 1 solo tackle, 1 interception and 3 passes defended.

- Intercepted QB Mason Rudolph on Pittsburgh's first possession.

#### **HONORS:**

- No. 55 on the NFL Network Top 100 list.

#### **2018 (MIAMI):**

- Started 12 games.
- Inactive for 4 games.
- 35 tackles (25 solo), 7 interceptions, 12 passes defended and 1 fumble recovery.
- Tied for the NFL lead with 7 interceptions.
- His 7 interceptions were tied for 9th in single-season team history.
- Set a Dolphins single-season record with 3 multi-interception games.

**VS. OAKLAND (9/23):** 1 solo tackle, 2 interceptions and 3 passes defended.

- Intercepted a QB Derek Carr pass intended for WR Amari Cooper in the 1st quarter.
- Picked off QB Derek Carr in the end zone with 2:59 remaining in the game.

**AT INDIANAPOLIS (11/25):** 5 solo tackles, 2 interceptions and 3 passes defended.

- Intercepted QB Andrew Luck at Miami's 40-yard line with 1:00 remaining in the 2nd quarter.
- Picked off Luck again on the next play at Miami's 13-yard line with 46 seconds remaining in the 1st half.
- Became 1st NFL player with interceptions on back-to-back plays since Broncos S Darian

Stewart on Nov. 16, 2016 and 1st Dolphins player to do it since S Mike Kozlowski on Dec. 19, 1981.

**VS. BUFFALO (12/2):** 4 tackles (3 solo), 2 interceptions and 2 passes defended.

- Intercepted QB Josh Allen in the end zone as time expired in the 2nd quarter.
- Picked off QB Josh Allen again on 3rd-and-10 at Miami's 41-yard line in the 3rd quarter.

#### **PRO BOWL:**

- Selected to start the Pro Bowl for the 1st time in his career.
- Extended the team's streak to 21 consecutive seasons with a defensive player selected.
- Became the 4th Dolphins cornerback to earn a Pro Bowl selection, joining Sam Madison (1999-2002), Patrick Surtain (2002-04) and Brent Grimes (2013-15).

#### **HONORS:**

- 2nd-team All-Pro.
- PFWA All-AFC cornerback.
- Recipient of the Dan Marino Team MVP Award.
- AFC Defensive Player of the Week (vs. Buffalo, 12/2).

#### **2017 (MIAMI):**

- Started all 16 games.
- 48 tackles (42 solo), 1.0 sack, 4 interceptions and 13 passes defended; 1 interception return for a TD.
- His 4 interceptions were tied for 8th in the AFC and 12th in the NFL.

**VS. DENVER (12/3):** 1 tackle, 2 interceptions and 5 passes defended.

- Intercepted QB Trevor Siemian and returned it 30 yards for a TD in the 2nd quarter.
- Picked off Siemian again in the 4th quarter.
- It was the first 2 regular-season interceptions of his career.
- Was 1 of just 4 NFL players to post at least 5 passes defended in a game in the 2017 season.

**VS. NEW ENGLAND (12/11):** 2 interceptions.

- Intercepted QB Tom Brady on 3rd-and-10 in the 1st quarter.
- Picked off Brady again on 3rd-and-16 in the 3rd quarter and returned the ball 29 yards.
- Became 1st player in Dolphins history to have multiple interceptions in consecutive games.
- Became 1st player to intercept Brady twice in the same game since Indianapolis' Mike Adams on Nov. 16, 2014.

**AT BUFFALO (12/17):** 4 solo tackles and 1 sack.

- Sacked QB Tyrod Taylor for a loss of 11 yards in the 3rd quarter, the first sack of his career.

#### **HONORS:**

- AFC Defensive Player of the Week (vs. New England, 12/11).

#### **2016 (MIAMI):**

- Played in 7 games with 6 starts.
- Inactive for 9 games.
- 40 tackles (29 solo), 6 passes defended and 1 forced fumble.

**AT SEATTLE (9/11):** 11 tackles (6 solo).

- Started in his NFL debut.
- Became 1st Dolphins rookie to start Week 1 at

cornerback since Sean Smith (2009).

- His 11 tackles were a season high.

**VS. CLEVELAND (9/25):** 6 solo tackles, 1 pass defended and 1 forced fumble.

- Forced a fumble from WR Ricardo Lewis in the 3rd quarter.

**AT N.Y. JETS (12/17):** 3 solo tackles and 3 passes defended.

#### POSTSEASON:

**AFC WILD CARD AT PITTSBURGH (1/8):** 5 tackles (3 solo), 1 interception and 2 passes defended.

- Broke up a pass intended for WR Antonio Brown on 3rd-and-10 in the 4th quarter.
- Intercepted QB Ben Roethlisberger on 3rd-and-8 and returned it 11 yards in the 4th quarter.
- Became the 2nd rookie in team history to record an interception in a playoff game (Troy Vincent, 1992).

## BEFORE THE NFL

### COLLEGE (BAYLOR):

- 3-year letterman (2013-15) and 2-year starter.

**CAREER:** Played in 39 games with 26 starts; 98 tackles (84 solo), 1.5 sacks, 10 interceptions, 33 passes defended, 1 forced fumble and 1 fumble recovery.

- Part of the most successful 4-year span in school history, winning two conference titles (2013-14), two bowl games and compiling 40 wins.

**JUNIOR (2015):** Started all 13 games; 42 tackles (37 solo), 5 interceptions, 15 passes defended and 1 fumble recovery.

- His 5 interceptions led the team
- Consensus 1st-team All-Big 12.

**SOPHOMORE (2014):** Started all 13 games; 51 tackles (42 solo), 1.5 sacks, 4 interceptions and 13 passes defended.

- His 17 passes defended were 2nd in the Big 12 and 11th nationally.
- His 4 interceptions were tied for 3rd in the Big 12.
- Honorable mention All-Big 12.

**REDSHIRT FRESHMAN (2013):** Played all 13 games; 5 solo tackles, 1 interception, 1 pass defended and 1 forced fumble.

- Redshirted in 2012.

### HIGH SCHOOL (WHEATLEY HS – HOUSTON, TEXAS)

- Played defensive back and quarterback.
- Also participated in basketball and ran track.

**SENIOR (2011):** 32 solo tackles, 9 interceptions and 33 pass breakups.

- Returned 2 interceptions for TDs.
- 1st-team all-state

### COMMUNITY:

#### 2022:

- Co-hosted a Thanksgiving meal distribution with teammate Teddy Bridgewater for 300 families at Bunche Park in Miami Gardens.

#### 2021:

- Sponsored his 2nd annual holiday bike giveaway for youth in the Miami Gardens community.
- Hosted a Thanksgiving meal distribution at the Boys & Girls Club of Broward for 35 South Florida families.

#### 2020:

- Hosted a holiday bike giveaway for 100 Miami Gardens youth.
- Purchased food from Sunday's Eatery in Miami Gardens and distributed meals and masks to community members during the COVID-19 pandemic.

#### 2019:

- In 2019, visited Baptist Hospital to surprise kids with holiday gifts and provided Thanksgiving meals to 20 local families in collaboration with Generational Cure, a local nonprofit dedicated to issues facing today's youth.

#### 2018:

- Hosted a youth football camp in his hometown of Houston in 2018.

#### 2017:

- Cheered on participants at the 7th annual Dolphins Cancer Challenge in February.
- Helped surprise 100 underprivileged children with their own beds from Ashley HomeStore.
- Annually participates in the AARP Foundation Million Meal Pack to pack more than 1 million meals in a single day for the South Florida senior community.
- Helped spearhead a clothing and food drive for Hurricane Harvey victims in his hometown of Houston.

### PERSONAL:

- **PRONUNCIATION:** First name is pronounced EX-ay-vee-n.
- **MAJOR:** Health, kinesiology and leisure studies.

### XAVIEN HOWARD'S NFL REGULAR SEASON STATS

YEAR	TEAM	GP	GS	TACKLES					INTERCEPTIONS					FUMBLES	
				TOT	SOLO	ASST	SK	YDS	INT	YDS	LG	TD	PD	FF	FR
2016	MIAMI	7	6	40	29	11	0.0	0.0	0	0	-	0	6	1	0
2017	MIAMI	16	16	48	42	6	1.0	11.0	4	71	30t	1	13	0	0
2018	MIAMI	12	12	35	25	10	0.0	0.0	7	52	39	0	12	0	1
2019	MIAMI	5	5	17	12	5	0.0	0.0	1	0	-	0	4	0	0
2020	MIAMI	16	16	51	40	11	0.0	0.0	10	77	29	0	20	1	0
2021	MIAMI	16	16	50	39	11	1.0	0.0	5	54	37t	1	16	2	2
2022	MIAMI	15	15	45	35	10	0.0	0.0	1	0	-	0	12	0	2
2023	MIAMI	10	10	38	31	7	0.0	0.0	1	0	0	0	8	0	0
<b>NFL TOTALS</b>		<b>97</b>	<b>96</b>	<b>324</b>	<b>253</b>	<b>71</b>	<b>2.0</b>	<b>11.0</b>	<b>29</b>	<b>254</b>	<b>39</b>	<b>2</b>	<b>91</b>	<b>4</b>	<b>5</b>

### XAVIEN HOWARD'S NFL PLAYOFF STATS

YEAR	TEAM	GP	GS	TACKLES					INTERCEPTIONS					FUMBLES	
				TOT	SOLO	ASST	SK	YDS	INT	YDS	LG	TD	PD	FF	FR
2016	MIAMI	1	1	5	3	2	0.0	0.0	1	11	11	0	2	0	0
2022	MIAMI	1	1	3	3	0	0.0	0.0	1	49	49	0	2	0	0
<b>PLAYOFF TOTALS</b>		<b>2</b>	<b>2</b>	<b>8</b>	<b>6</b>	<b>2</b>	<b>0.0</b>	<b>0.0</b>	<b>2</b>	<b>60</b>	<b>49</b>	<b>0</b>	<b>4</b>	<b>0</b>	<b>0</b>

#### ADDITIONAL STATS

**Defensive Touchdowns:** 30-yard interception return vs. Denver (12/3/17), 49-yard fumble return vs. Baltimore (11/11/21), 37-yard interception return vs. New England (1/9/22), 16-yard fumble return vs. Houston (11/27/22).

#### SINGLE-GAME CAREER HIGHS

**Tackles:** 11 at Seattle, 9/11/16  
**Sacks:** 1.0 Twice, last: at New Orleans, 12/27/21  
**Interceptions:** 2 5 times, last: vs. Buffalo, 12/2/18  
**Passes Defensed:** 5 vs. Denver, 12/3/17  
**Fumble Recoveries:** 1 5 times, last: vs. Houston, 11/27/22  
**Forced Fumbles:** 1 4 times, last: vs. Baltimore, 11/11/21