



# 92 ZACH SIELER

DEFENSIVE TACKLE // 6-6 // 300 // FERRIS STATE '18  
 ACQUIRED: WAL., '19 (BAL.)  
 HOMETOWN: PINCKNEY, MICH. // BORN: 9/7/95  
 NFL: SEVENTH SEASON // DOLPHINS: FIFTH SEASON



## NFL CAREER

### TRANSACTIONS:

- Awarded off waivers to Miami on Dec. 5, 2019.
- Waived by Baltimore on Dec. 4, 2019.
- Signed to Baltimore's active roster on Oct. 5, 2019.
- Signed to Baltimore's practice squad on Sept. 1, 2019.
- Waived by Baltimore on Aug. 31, 2019.
- 7th-round pick (238th overall) by Baltimore in the 2018 NFL Draft.

### CAREER HONORS:

- 2024 Dan Marino Team MVP Award.
- AFC Defensive Player of the Week (vs. N.Y. Jets. 12/8/24).

### CAREER HIGHLIGHTS:

- Played in 91 career games with 65 starts.
- 310 tackles (170 solo), 30.0 sacks, 2 interceptions, 15 passes defended, 5 forced fumbles and 5 fumble recoveries; 1 interception returned for a TD.
- Started 2 postseason games with Miami.
- His 10.0 sacks in 2024 were the 2nd-most among interior defensive linemen:

#### 2024 SACK LEADERS (INTERIOR DEFENSIVE LINEMEN)

PLAYER	TEAM	SACKS
1. Leonard Williams	Sea.	11.0
2. <b>ZACH SIELER</b>	<b>MIA.</b>	<b>10.0</b>
3. Dexter Lawrence	NYG	9.0
4. Zach Allen	Den.	8.5
Braden Fiske	LAR	8.5

- His 10.0 sacks in 2024 tied the franchise record he set in 2023:

#### MOST SACKS BY A DEFENSIVE TACKLE IN FRANCHISE HISTORY (SINGLE SEASON)

PLAYER	YEAR	SACKS
1. <b>ZACH SIELER</b>	<b>2024</b>	<b>10.0</b>
<b>ZACH SIELER</b>	<b>2023</b>	<b>10.0</b>
3. Christian Wilkins	2023	9.0
4. Bob Baumhower	1983	8.0
5. Randy Starks	2009	7.0
Mike Charles	1985	7.0

- Became the 1st Dolphins player to record consecutive seasons of 10+ sacks since Cameron Wake in 2016-17.

- His 10.0 sacks in 2023 were the 3rd-most among defensive tackles:

#### 2023 SACK LEADERS (DEFENSIVE TACKLES)

PLAYER	TEAM	SACKS
1. Nnamdi Maduibuike	Bal.	13.0
2. Chris Jones	KC	10.5
3. <b>ZACH SIELER</b>	<b>MIA.</b>	<b>10.0</b>
4. Ed Oliver	Buf.	9.5
5. Christian Wilkins	Mia.	9.0

- Served as a team captain in 2024.

### 2024 (MIAMI):

- Started 15 games.
- Inactive for 2 games.
- 55 tackles (28 solo), 10.0 sacks, 1 interception, 2 passes defended, 1 forced fumble and 1 fumble recovery.
- Became the 1st Dolphins player to record consecutive seasons of 10+ sacks since Cameron Wake in 2016-17.
- His 10.0 sacks ranked 2nd in the NFL among interior defensive linemen.
- Served as a team captain.

**AT SEATTLE (9/22):** 3 tackles (2 solo), 1.0 sack, 1 interception and 1 pass defended.

- Sacked QB Geno Smith for a loss of 7 yards on 1st-and-10 in the 2nd quarter.
- Intercepted QB Geno Smith off a DT Calais Campbell deflection on 3rd-and-22 with 0:46 remaining in 3rd quarter.

**AT NEW ENGLAND (10/6):** 1 solo tackle and 1.0 sack.

- Sacked QB Jacoby Brissett for a loss of 9 yards on 3rd-and-6, forcing New England to punt on their 1st possession.

**AT INDIANAPOLIS (10/20):** 4 tackles (3 solo) and 1 fumble recovery.

- Recovered a QB Anthony Richardson fumble at the Miami 16-yard line in the 1st quarter.

**VS. LAS VEGAS (11/17):** 4 tackles (3 solo) and 1.0 sack.

- Sacked QB Gardner Minshew for a loss of 7 yards on 2nd-and-10 with 1:32 remaining in the 2nd quarter.

**VS. NEW ENGLAND (11/24):** 4 tackles (3 solo), 1.0 sack and 1 forced fumble.

- Strip-sacked QB Drake Maye for a loss of 14 yards, which was recovered by LB Jordyn Brooks and returned 12 yards to New England's 25-yard

line with 2:27 remaining in the 3rd quarter.

**VS. N.Y. JETS (12/8):** 4 tackles (2 solo) and 2.0 sacks.

- Sacked QB Aaron Rodgers for a loss of 9 yards on 3rd-and-2, forcing New York to punt with 14:17 remaining in the 4th quarter.
- Sacked QB Aaron Rodgers for a loss of 6 yards on 2nd-and-15 with 1:02 left in the 4th quarter.

**AT HOUSTON (12/15):** 2 tackles (1 solo) and 1.5 sacks.

- Sacked QB C.J. Stroud for a loss of 13 yards on 3rd-and-3 to force Houston to punt with 5:07 remaining in the 1st quarter.
- Split a sack of QB C.J. Stroud with LB Chop Robinson for a loss of 7 yards on 3rd-and-8 to force Houston to punt with 1:56 remaining in the game.

**VS. SAN FRANCISCO (12/22):** 4 tackles (3 solo) and 1.0 sack.

- Sacked QB Brock Purdy for a loss of 7 yards on 2nd-and-1 in the 2nd quarter.

**AT N.Y. JETS (1/5):** 6 tackles (4 solo) and 1.5 sacks.

- Split a sack of QB Aaron Rodgers with LB Emmanuel Ogbah for a loss of 7 yards of 4th-and-5, forcing a turnover on downs.
- Sacked QB Aaron Rodgers for a loss of 1 yard on 1st-and-10 in the 3rd quarter.

#### HONORS:

- Dan Marino Team MVP Award.
- AFC Defensive Player of the Week (vs. N.Y. Jets. 12/8).

#### 2023 (MIAMI):

- Started all 17 games.
- 63 tackles (32 solo), 10.0 sacks, 1 interception, 4 passes defended, 1 forced fumble and 2 fumble recoveries; 1 interception returned for a TD.
- Became the 1st defensive tackle in team history with 10+ sacks in a season.
- His 10.0 sacks ranked 3rd in the NFL among defensive tackles.

**VS. N.Y. GIANTS (10/8):** 7 tackles (6 solo) and 2.0 sacks.

- Sacked QB Daniel Jones for a loss of 6 yards on 3rd-and-9 in the 2nd quarter.
- Sacked QB Tyrod Taylor for a loss of 3 yards on 3rd-and-11 in the 4th quarter.

**VS. TENNESSEE (12/11):** 4 tackles (1 solo), 1 interception and 1 pass defended; 1 interception returned for a touchdown.

- Intercepted a pass from QB Will Levis and returned it 5 yards for a touchdown to put Miami on the board in the 1st quarter.

**VS. N.Y. JETS (12/17):** 2 tackles (1 solo), 1.0 sack, 1 pass defended and 1 fumble recovery.

- Helped the defense post a shutout and hold the Jets to the second-fewest total yards allowed in Miami's history (103).
- Recovered a QB Zach Wilson fumble forced by LB Bradley Chubb in the 1st quarter and returned it 3 yards to the Jets 1-yard line, which led to a Miami TD.
- Sacked QB Zach Wilson for a loss of 6 yards in the 2nd quarter.

**AT BALTIMORE (12/31):** 5 tackles (3 solo), 1.0 sack and 1 forced fumble.

- Sacked QB Lamar Jackson for a loss of 9 yards in the 1st quarter.

- Forced a fumble by RB Gus Edwards, which was recovered by S Jevon Holland in the 3rd quarter.

**VS. BUFFALO (1/7):** 7 tackles (2 solo) and 0.5 sack.

- Split a sack of QB Josh Allen with LB Melvin Ingram on 2nd-and-8 in the 4th quarter.
- Became the 1st defensive tackle in Dolphins history to record 10.0 sacks in a season.

#### POSTSEASON:

**AFC WILD CARD AT KANSAS CITY (1/13):** 4 assisted tackles and 1 pass defended.

#### 2022 (MIAMI):

- Played in all 17 games with 15 starts.
- 70 tackles (41 solo), 3.5 sacks, 4 passes defended and 2 forced fumbles.
- His 70 tackles were tied for 5th among NFL defensive linemen.

**VS. MINNESOTA (10/16):** 3 tackles (2 solo) and 1 forced fumble.

- Forced a fumble by TE Irv Smith Jr. in the 3rd quarter but it was recovered by Minnesota.

**VS. DETROIT (10/30):** 4 tackles (3 solo), 1.0 sack and 2 passes defended.

- Sacked QB Jared Goff for a loss of 10 yards on a 3rd-and-9 snap in the 4th quarter, forcing a punt.

**VS. CLEVELAND (11/13):** 4 tackles (3 solo) and 1 forced fumble.

- Forced a fumble of RB Nick Chubb in the 1st quarter that was recovered by CB Xavien Howard.

**AT NEW ENGLAND (1/1):** 6 tackles (3 solo) and 1.0 sack.

- Sacked QB Mac Jones on a fourth down in the 4th quarter to turn the ball over on downs.

#### POSTSEASON:

**AFC WILD CARD AT BUFFALO (1/15):** 6 tackles (3 solo), 2.0 sacks and 1 fumble recovery.

- Scooped up a fumble of QB Josh Allen forced by S Eric Rowe and returned it 5 yards for a go-ahead TD in the 3rd quarter.
- It was the 1st fumble returned for a TD in Dolphins postseason history and 1st defensive TD in a Dolphins playoff game since LB A.J. Duhe returned an interception for a 35-yard TD on Jan. 23, 1983 vs. the N.Y. Jets.
- Split a sack with DT Christian Wilkins of QB Josh Allen on a 3rd-and-8 snap early in the 2nd quarter.
- Split a sack with DT Christian Wilkins of QB Josh Allen on a 2nd-and-8 snap late in the 2nd quarter.
- Sacked QB Josh Allen on a 3rd-and-10 play in the 4th quarter that forced a Bills punt.

#### 2021 (MIAMI):

- Played in all 17 games with 9 starts.
- 62 tackles (33 solo), 2.0 sacks, 3 passes defended, 1 forced fumble and 2 fumble recoveries.

**AT NEW ENGLAND (9/12):** 3 tackles (2 solo) and 1 fumble recovery.

- Recovered a RB Rhamondre Stevenson forced by S Eric Rowe in the 1st quarter.

**AT LAS VEGAS (9/26):** 9 tackles (4 solo) and 1 pass defended.

**VS. N.Y. JETS (12/19):** 3 tackles (2 solo), 1.0 sack, 1 pass defended and 1 forced fumble.

- Strip-sacked QB Zach Wilson in the 4th quarter and the fumble was recovered by DE Emmanuel Ogbah.

**AT NEW ORLEANS (12/27):** 6 tackles (3 solo) and 1.0 sack.

- Sacked QB Ian Book for a loss of 11 yards in the 4th quarter.

## 2020 (MIAMI):

- Played in all 16 games with 8 starts.
- 48 tackles (30 solo) and 3.5 sacks.

**AT ARIZONA (11/8):** 4 tackles (3 solo).

- Teamed up with LB Elandon Roberts to stop RB Chase Edmonds for no gain on a critical 4th-and-1 in the 4th quarter.

**VS. CINCINNATI (12/6):** 3 solo tackles and 1.0 sack.

- Sacked QB Brandon Allen for a loss of 5 yards in the 4th quarter.

**VS. NEW ENGLAND (12/20):** 5 tackles (3 solo) and 1.0 sack.

- Sacked QB Cam Newton for a loss of 7 yards in the 2nd quarter.

## 2019 (BALTIMORE/MIAMI):

- Played in 3 games with 1 start with Miami.
- 8 tackles (3 solo), 1.0 sack and 2 passes defended with Miami.
- Inactive for 1 game with Miami.
- Awarded off waivers to Miami on Dec. 5.
- Played in 4 games with Baltimore.
- Inactive for 4 games with Baltimore.
- 3 tackles (2 solo) with Baltimore.

**AT CINCINNATI (11/10):** 1 solo tackle.

**AT N.Y. GIANTS (12/15):** 1 assisted tackle.

- Made his Dolphins debut.

**VS. CINCINNATI (12/22):** 7 tackles (3 solo), 1.0 sack and 2 passes defended.

- Sacked QB Andy Dalton in the 1st quarter. It was his 1st career sack.

## 2018 (BALTIMORE):

- Played in 2 games.
- Inactive for 14 games.
- 1 solo tackle.

**VS. DENVER (9/23):** Played but did not record any stats.

- Made his NFL debut.

**VS. PITTSBURGH (11/4):** 1 solo tackle.

- Made his 1st NFL tackle.

## BEFORE THE NFL

### COLLEGE (FERRIS STATE):

- 3-year starter (2014-17).
- Became the first player from his school to ever be selected in the NFL Draft.

**CAREER:** Played in 39 games with 28 starts; 176 tackles (77 solo), 33 sacks, 3 passes defended, 7 forced fumbles and 4 fumble recoveries; 2 blocked kicks.

**SENIOR (2017):** Played in all 13 games; 79 tackles (32 solo), 7 sacks, 2 forced fumbles, 2 passes defended and 2 fumble recoveries; 1 blocked kick.

- 1st-team D2 All-American.
- Great Lakes Intercollegiate Conference (GLIAC) Defensive Lineman of the Year.
- 1st-team All-GLIAC.

**JUNIOR (2016):** Played in all 15 games; 80 tackles (37 solo), 19.5 sacks, 1 pass defended, 5 forced fumbles and 2 fumble recoveries; 1 blocked kick.

- 1st-team All-GLIAC.
- His 19.5 sacks were a school record and led all of NCAA Division II.

**SOPHOMORE (2015):** Played in 11 games; 17 tackles (8 solo) and 6.5 sacks.

**REDSHIRT FRESHMAN (2014):** Did not record any stats.

- Redshirted in 2013.

## HIGH SCHOOL (PINCKNEY HS – PINCKNEY, MICH.)

- Also competed in wrestling and track and field.

**SENIOR (2012):**

- All-conference.

## OFF THE FIELD

### COMMUNITY:

**2024:**

- Continued second year of partnership with airline and local hospitals to host pediatric patients for a Fantasy Flight event, spreading holiday cheer with a special North Pole visit at the Fort Lauderdale-Hollywood International Airport.
- Through the Sieler Safe Haven Foundation, advanced mission to impact youth on a local level, hosting multiple events at Dr. Frederica S. Wilson/Skyway Elementary School in Miami Gardens including a back-to-school backpack giveaway and Thanksgiving meal.

**2023:**

- Joined an airline and local hospital to provide a holiday flight and North Pole surprise, complete with gifts and a visit with Santa Claus, for pediatric patients.
- Hosted a Thanksgiving dinner at the Northwest Boys & Girls Club, serving meals and visiting with the kids.

**2022:**

- Through his Sieler Safe Haven Foundation, surprised 12 kids with a holiday shopping spree at Dick's Sporting Goods.
- Along with defensive teammates, hosted a Thanksgiving dinner at Hard Rock Stadium for 100 kids from Big Brothers Big Sisters of Broward and Miami.
- Established the Sieler Safe Haven Foundation to impact young people of all abilities through a passion for the outdoors and cultural enrichment.

**2021:**

- Participated in a class visit for Day of Persons with Disabilities with South Florida Special Olympics athletes.
- Volunteered at the Miami Dolphins Food Relief Program Thanksgiving meal distribution with Feeding South Florida to provide 1,000 meal boxes to South Florida families.

**PERSONAL:**

- **PRONUNCIATION:** Last name is pronounced SEE-ler.

- **MAJOR:** Mechanical engineering.

**ZACH SIELER'S NFL REGULAR SEASON STATS**

YEAR	TEAM	GP	GS	TACKLES					INTERCEPTIONS					FUMBLES		
				TOT	SOLO	ASST	SK	YDS	INT	YDS	LG	TD	PD	FF	FR	
2018	BALTIMORE	2	0	1	1	0	0.0	0.0	0	0	-	0	0	0	0	0
2019	BALTIMORE	4	0	3	2	1	0.0	0.0	0	0	-	0	0	0	0	0
	MIAMI	3	1	8	3	5	1.0	8.0	0	0	-	0	2	0	0	0
2020	MIAMI	16	8	48	30	18	3.5	23.5	0	0	-	0	0	0	0	0
2021	MIAMI	17	9	62	33	29	2.0	18.0	0	0	-	0	3	1	2	0
2022	MIAMI	17	15	70	41	29	3.5	31.5	0	0	-	0	4	2	0	0
2023	MIAMI	17	17	63	32	31	10.0	61.5	1	5	5t	1	4	1	2	2
2024	MIAMI	15	15	55	28	27	10.0	79.0	1	0	0	0	2	1	1	1
<b>NFL TOTALS</b>		<b>91</b>	<b>65</b>	<b>310</b>	<b>170</b>	<b>140</b>	<b>30.0</b>	<b>221.5</b>	<b>2</b>	<b>5</b>	<b>5t</b>	<b>1</b>	<b>15</b>	<b>5</b>	<b>5</b>	<b>5</b>

**ZACH SIELER'S NFL PLAYOFF STATS**

YEAR	TEAM	GP	GS	TACKLES					INTERCEPTIONS					FUMBLES		
				TOT	SOLO	ASST	SK	YDS	INT	YDS	LG	TD	PD	FF	FR	
2022	MIAMI	1	1	6	3	3	2.0	4.0	0	0	-	0	0	0	0	1
2023	MIAMI	1	1	4	0	4	0.0	0.0	0	0	-	0	1	0	0	0
<b>PLAYOFF TOTALS</b>		<b>2</b>	<b>2</b>	<b>10</b>	<b>3</b>	<b>7</b>	<b>2.0</b>	<b>4.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>1</b>

**ADDITIONAL STATS**

**Defensive Touchdowns:** 5-yard fumble return at Buffalo (1/15/23 – AFC Wild Card); 5-yard interception return vs. Tennessee (12/11/23).

**SINGLE-GAME CAREER HIGHS**

- Tackles:** 9 at Las Vegas, 9/26/21
- Sacks:** 2.0 3 times\*, last: vs. N.Y. Jets, 12/8/24
- Interception** 1 Twice, last: at Seattle, 9/22/24
- Passes Defensed:** 2 Twice, last: at Detroit, 10/30/22
- Forced Fumbles:** 1 5 times, last: vs. New England, 11/24/24
- Fumble Recoveries:** 1 6 times\*, last: at Indianapolis, 10/20/24

\*includes postseason

**SIELER'S MULTI-SACK GAMES (6)**

DATE	OPPONENT	SACKS	YARDS
01/15/23	at Buffalo*	2.0	4.0
10/08/23	N.Y. GIANTS	2.0	9.0
12/03/23	at Washington	1.5	10.5
12/08/24	N.Y. JETS	2.0	15.0
12/15/24	at Houston	1.5	16.5
01/05/25	at N.Y. Jets	1.5	4.5

\*AFC Wild Card game