



## NFL CAREER

### TRANSACTIONS:

- Awarded off waivers to Miami on March 15, 2023.
- Waived by Denver on March 14, 2023.
- Signed by Denver on Dec. 14, 2022.
- Signed to Miami's practice squad on Sept. 2, 2022.
- Waived by Seattle on Aug. 30, 2022.
- 6th-round pick (214th overall) by Seattle in the 2020 NFL Draft.

### CAREER HIGHLIGHTS:

- Played in 37 career games with 10 starts.
- 42 receptions for 576 yards (13.7 avg.) and 6 TDs.
- 5 carries for 32 yards (6.4 avg.).
- 2 solo special teams tackles.
- 4 miscellaneous fumble recoveries.
- Appeared in 1 postseason game with Seattle.

### 2022 (SEATTLE/MIAMI/DENVER):

- Played in 3 games with 1 start with Denver.
- Inactive for 1 game with Denver.
- 4 receptions for 74 yards (18.5 avg.) with Denver.
- Signed by Denver on Dec. 14.
- Played in 1 game with Miami.
- Spent the 1st part of the season on Miami's practice squad.
- Spent training camp and the offseason program with Seattle.

**AT L.A. CHARGERS (12/11):** Played 7 offensive snaps but did not record any stats.

- Made his Dolphins debut.

**VS. ARIZONA (12/18):** 1 reception for 9 yards.

- Started in his Broncos debut.

**VS. L.A. CHARGERS (1/8):** 2 receptions for 54 yards (27.0 avg.).

### 2021 (SEATTLE):

- Played in all 17 games with 8 starts.
- 25 receptions for 343 yards (13.7 avg.) and 4 TDs.
- 5 carries for 32 yards (6.4 avg.).
- 2 miscellaneous fumble recoveries.

**VS. TENNESSEE (9/19):** 5 receptions for 95 yards (19.0 avg.) and 1 TD; 1 carry for 5 yards.

- Caught a 68-yard TD pass from QB Russell Wilson to give Seattle a 2-score lead in the 4th quarter.

**AT WASHINGTON (11/29):** 1 reception for 32 yards

and 1 TD.

- Caught a 32-yard TD pass from QB Russell Wilson with 15 seconds left to bring Seattle within 2 points pending a 2-point conversion.

**AT ARIZONA (1/9):** 1 reception for 25 yards and 1 TD.

- Scored on a 25-yard TD pass from QB Russell Wilson to tie the game near the end of the 3rd quarter.

### 2020 (SEATTLE):

- Played in all 16 games with 1 start.
- 13 receptions for 159 yards (12.2 avg.) and 2 TDs.
- 2 solo special teams tackle.
- 2 miscellaneous fumble recoveries.

**AT ATLANTA (9/13):** 1 reception for 17 yards.

- Made his NFL debut and caught his 1st NFL pass.

**VS. NEW ENGLAND (9/20):** 1 reception for 21 yards and 1 TD.

- Caught a 21-yard TD pass from QB Russell Wilson near the end of the 3rd quarter for his 1st career TD reception.

**VS. N.Y. JETS (12/13):** 2 receptions for 22 yards (11.0 avg.) and 1 TD.

- Scored on a 19-yard TD pass in the 1st quarter to give Seattle an early lead.

### POSTSEASON:

**NFC WILD CARD VS. L.A. RAMS (1/9):** 1 reception for 28 yards.

## BEFORE THE NFL

### COLLEGE (FLORIDA):

- 4-year letterman (2016-19) and 1-year starter.

**CAREER:** Played in 47 games with 10 starts; 68 receptions for 996 yards (14.6 avg.) and 15 TDs; 4 carries for 27 yards (6.8 avg.); 4 kickoff returns for 56 yards (14.0 avg.); 39 punt returns for 308 yards (7.9 avg.) and 1 TD.

**SENIOR (2019):** Played in 12 games with 6 starts; 38 receptions for 517 yards (13.6 avg.) and 7 TDs; 4 carries for 27 yards (6.8 avg.); 2 kickoff returns for 39 yards (19.5 avg.); 14 punt returns for 56 yards (4.0 avg.).

**JUNIOR (2018):** Played in 11 games; 14 receptions for 265 yards (18.9 avg.) and 5 TDs; 1 kickoff return for 6 yards; 22 punt returns for 224 yards (10.2 avg.) and 1 TD.

**SOPHOMORE (2017):** Played in all 11 games with 4

starts; 8 receptions for 96 yards (12.0 avg.) and 1 TD; 2 punt returns for 27 yards (13.5 avg.).

**TRUE FRESHMAN (2016):** Played in all 13 games; 8 receptions for 118 yards (14.8 avg.) and 2 TDs; 1 kickoff return for 11 yards; 1 punt return for 1 yard.

## HIGH SCHOOL (NORTH MARION HS – CITRA, FLA.)

**SENIOR (2015):** 43 receptions for 648 yards (15.1 avg.) and 7 TDs; 1 carry for 75 yards and 1 TD; 202 punt return yards.

- 3rd-team all-state.

**JUNIOR (2014):** 52 receptions for 841 yards (16.2 avg.) and 6 TDs.

- 2nd-team all-state.

**SOPHOMORE (2013):** 25 receptions for 581 yards (23.2 avg.) and 6 TDs.

## FREDDIE SWAIN'S NFL REGULAR SEASON STATS

YEAR	TEAM	GP	GS	RECEIVING					RUSHING				
				REC	YDS	AVG	LG	TD	ATT	YDS	AVG	LG	TD
2020	SEATTLE	16	1	13	159	12.2	23	2	0	0	0.0	0	0
2021	SEATTLE	17	8	25	343	13.7	68t	4	5	32	6.4	11	0
2022	MIAMI	1	0	0	0	0.0	-	0	0	0	0.0	-	0
	DENVER	3	1	4	74	18.5	52	0	0	0	0.0	-	0
<b>NFL TOTALS</b>		<b>37</b>	<b>10</b>	<b>42</b>	<b>576</b>	<b>13.7</b>	<b>68t</b>	<b>6</b>	<b>5</b>	<b>32</b>	<b>6.4</b>	<b>11</b>	<b>0</b>

## FREDDIE SWAIN'S NFL PLAYOFF STATS

YEAR	TEAM	GP	GS	RECEIVING					RUSHING				
				REC	YDS	AVG	LG	TD	ATT	YDS	AVG	LG	TD
2020	SEATTLE	1	0	1	28	28.0	28	0	0	0	0.0	0	0
<b>PLAYOFF TOTALS</b>		<b>1</b>	<b>0</b>	<b>1</b>	<b>28</b>	<b>28.0</b>	<b>28</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>

## ADDITIONAL STATS

**Special Teams Tackles:** (Seattle) 2 in 2020.

**Miscellaneous Fumble Recoveries:** (Seattle) 2 in 2020, 2 in 2021 for total of 4.

## SINGLE-GAME CAREER HIGHS

**Receptions:** 5 vs. Tennessee, 9/19/21  
**Receiving Yards:** 95 vs. Tennessee, 9/19/21  
**Longest Reception:** 68t vs. Tennessee, 9/19/21  
**Receiving TDs:** 1 6 times, last: at Arizona, 1/9/22

## 2020 GAME-BY-GAME STATS (SEATTLE)

DATE	OPPONENT	P/S	REC	YDS	AVG	LG	TD
09/13	at Atlanta	1/0	1	17	17.0	17	0
09/20	NEW ENGLAND	1/0	1	21	21.0	21t	1
09/27	DALLAS	1/0	1	13	13.0	13	0
10/04	at Miami	1/0	2	32	16.0	23	0
10/11	MINNESOTA	1/0	2	14	7.0	12	0
10/25	at Arizona	1/0	0	0	0.0	-	0
11/01	SAN FRANCISCO	1/1	0	0	0.0	-	0
11/08	at Buffalo	1/0	0	0	0.0	-	0
11/15	at L.A. Rams	1/0	3	37	12.3	21	0
11/19	ARIZONA	1/0	0	0	0.0	-	0
11/30	at Philadelphia	1/0	0	0	0.0	-	0
12/06	N.Y. GIANTS	1/0	0	0	0.0	-	0
12/13	N.Y. JETS	1/0	2	22	11.0	19t	1
12/20	at Washington	1/0	1	3	3.0	3	0
12/27	L.A. RAMS	1/0	0	0	0.0	-	0
01/03	at San Francisco	1/0	0	0	0.0	-	0
<b>2020 TOTALS</b>		<b>16/1</b>	<b>13</b>	<b>159</b>	<b>12.2</b>	<b>23</b>	<b>2</b>

DATE	OPPONENT	P/S	REC	YDS	AVG	LG	TD
01/09	L.A. RAMS*	1/0	1	28	28.0	28	0

\* NFC Wild Card game

## 2021 GAME-BY-GAME STATS (SEATTLE)

DATE	OPPONENT	P/S	REC	YDS	AVG	LG	TD
09/12	at Indianapolis	1/0	0	0	0.0	-	0
09/19	TENNESSEE	1/0	5	95	19.0	68t	1
09/26	at Minnesota	1/0	1	10	10.0	10	0
10/03	at San Francisco	1/1	3	20	6.7	13t	1
10/07	L.A. RAMS	1/1	1	9	9.0	9	0
10/17	at Pittsburgh	1/0	2	-4	-2.0	0	0
10/25	NEW ORLEANS	1/1	4	39	9.8	28	0
10/31	JACKSONVILLE	1/0	0	0	0.0	-	0
11/14	at Green Bay	1/0	0	0	0.0	-	0
11/21	ARIZONA	1/0	0	0	0.0	-	0
11/29	at Washington	1/0	1	32	32.0	32t	1
12/05	SAN FRANCISCO	1/1	3	18	6.0	7	0
12/12	at Houston	1/1	0	0	0.0	-	0
12/21	at L.A. Rams	1/1	1	25	25.0	25	0
12/26	CHICAGO	1/1	1	9	9.0	9	0
01/02	DETROIT	1/1	2	65	32.5	58	0
01/09	at Arizona	1/0	1	25	25.0	25t	1
<b>2021 TOTALS</b>		<b>17/8</b>	<b>25</b>	<b>343</b>	<b>13.7</b>	<b>68t</b>	<b>4</b>

## 2022 GAME-BY-GAME STATS (MIAMI/DENVER)

DATE	OPPONENT	P/S	REC	YDS	AVG	LG	TD
09/11	NEW ENGLAND						
09/18	at Baltimore						
09/25	BUFFALO						
09/29	at Cincinnati						
10/09	at N.Y. Jets						
10/16	MINNESOTA						
10/23	PITTSBURGH						
10/30	at Detroit						
11/06	at Chicago						
11/13	CLEVELAND						
11/27	HOUSTON						
12/04	at San Francisco						
11/27	L.A. CHARGERS	1/0	1	17	17.0	17	0
<b>MIAMI TOTALS</b>			<b>1/0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>- 0</b>
12/18	ARIZONA	1/1	1	9	9.0	9	0
12/25	at L.A. Rams	1/0	1	11	11.0	11	0
01/01	at Kansas City						
01/08	L.A. CHARGERS	1/0	2	54	27.0	52	0
<b>DENVER TOTALS</b>			<b>4/1</b>	<b>4</b>	<b>74</b>	<b>18.5</b>	<b>52 0</b>
<b>2022 TOTALS</b>			<b>5/1</b>	<b>4</b>	<b>74</b>	<b>18.5</b>	<b>52 0</b>