



14

MIKE WHITE

QUARTERBACK // 6-5 // 216 // WESTERN KENTUCKY '18
ACQUIRED: UFA, '23 (NYJ)
HOMETOWN: PEMBROKE PINES, FLA. // BORN: 3/25/95
NFL: FIFTH SEASON // DOLPHINS: FIRST SEASON

NFL CAREER

TRANSACTIONS:

- Signed by Miami as an unrestricted free agent from the N.Y. Jets on March 16, 2023.
- Signed to the N.Y. Jets' practice squad on Nov. 25, 2020.
- Waived by the N.Y. Jets on Nov. 23, 2020.
- Signed to the N.Y. Jets' active roster on Nov. 21, 2020.
- Signed to the N.Y. Jets' practice squad on Nov. 12, 2020.
- Waived by the N.Y. Jets on Nov. 10, 2020.
- Signed to the N.Y. Jets' active roster on Nov. 9, 2020.
- Signed to the N.Y. Jets' practice squad on Oct. 5, 2020.
- Waived by the N.Y. Jets on Oct. 1, 2020.
- Signed to the N.Y. Jets' active roster on Sept. 12, 2020.
- Signed to the N.Y. Jets' practice squad on Sept. 6, 2020.
- Waived by the N.Y. Jets on Sept. 5, 2020.
- Signed to the N.Y. Jets' practice squad on Sept. 25, 2019.
- Waived by Dallas on Aug. 31, 2019.
- 5th-round pick (171st overall) by Dallas in the 2018 NFL Draft.

CAREER HONORS:

- FedEx Air NFL Player of the Week (vs. Chicago, 11/27/22).
- AFC Offensive Player of the Week (vs. Cincinnati, 10/31/21).
- FedEx Air NFL Player of the Week (vs. Cincinnati, 10/31/21).

CAREER HIGHLIGHTS:

- Played in 12 career games with 7 starts.
- 194-of-311 passing (62.4 pct.) for 2,215 yards, 9 TDs and a QB rating of 76.0.
- 16 carries for 1 yards (0.1 avg.) and 1 TD.

2023 (MIAMI):

- Played in 4 games.
- Dressed but did not play in 8 games.
- 3-of-4 passing (75.0 pct.) for 70 yards, 1 TD and a QB rating of 116.7.
- 5 carries for -7 yards (-1.4 avg.).

- VS. DENVER (9/24):** 2-of-2 passing (100.0 pct.) for 67 yards, 1 TD and a QB rating of 158.3; 1 carry for -1 yard (-1.0 avg.).
- Threw a 68-yard TD pass to WR Robbie Chosen on 3rd-and-10 in the 4th quarter.
- Made his Dolphins debut.

2022 (N.Y. JETS):

- Started 4 games.
- Dressed but did not play 6 games.
- Inactive for 7 games.
- 103-of-175 passing (58.9 pct.) for 1,192 yards, 3 TDs and a QB rating of 75.7.
- 6 carries for 9 yards (1.5 avg.) and 1 TD.
- VS. CHICAGO (11/27):** 22-of-28 passing (78.6 pct.) for 315 yards, 3 TDs and a QB rating of 149.3; 3 carries for 2 yards (0.7 avg.).
- Threw an 8-yard TD pass to WR Garrett Wilson on his 1st possession of the season to give the Jets an early lead.
- Found Wilson again on a 54-yard TD with less than 5 minutes remaining in the 2nd quarter to give the Jets a 14-10 lead.
- Extended the Jets lead to 24-10 on a 22-yard TD pass to WR Elijah Moore in the 3rd quarter.
- AT MINNESOTA (12/4):** 31-of-57 passing (54.4 pct.) for 369 yards and a QB rating of 59.8; 3 carries for 7 yards (2.3 avg.) and 1 TD.
- Scored on a 1-yard TD run with 6:45 remaining to make it a 1-score game.
- It was his 1st career rushing TD.

HONORS:

- FedEx Air NFL Player of the Week (vs. Chicago, 11/27).

2021 (N.Y. JETS):

- Played in 4 games with 3 starts.
- Dressed but did not play 7 games.
- Inactive for 2 games.
- Spent 4 games on the Reserve/COVID-19 list.
- 88-of-132 passing (66.7 pct.) for 953 yards, 5 TDs and a QB rating of 75.1.
- 5 carries for -1 yard (-0.2 avg.).
- 1 2-point conversion reception.
- AT NEW ENGLAND (10/24):** 20-of-32 passing (62.5 pct.) for 202 yards, 1 TD and a QB rating of 64.8.
- Completed a 3-yard TD pass to WR Corey Davis in the 2nd quarter on his 1st career pass attempt.
- Made his NFL debut.

VS. CINCINNATI (10/31): 37-of-45 passing (82.2 pct.) for 405 yards, 3 TDs and a QB rating of 107.9; 5 carries for -1 yard (-0.2 avg.); 1 2-point conversion reception.

- Threw 2 TD passes in the final 5 minutes to erase an 11-point deficit and beat the Bengals.
- Completed an 8-yard TD pass to WR Braxton Berrios with 15 seconds left of the 1st half.
- Found RB Ty Johnson on a 19-yard TD pass with 4:36 remaining to make it a 1-score game.
- Hit TE Tyler Kroft for a game-winning 13-yard TD pass with 3:45 to play.
- Also caught a 2-point conversion from WR Jamison Crowder.
- Became the 1st QB in NFL history with 300+ passing yards and a 75+ completion pct. in their 1st NFL start.

HONORS:

- AFC Offensive Player of the Week (vs. Cincinnati, 10/31).
- FedEx Air NFL Player of the Week (vs. Cincinnati, 10/31).

2020 (N.Y. JETS):

- Dressed but did not play 7 games.
- Spent the rest of the season on the N.Y. Jets' practice squad.

2019 (DALLAS/N.Y. JETS):

- Spent 14 games on the N.Y. Jets' practice squad.
- Spent the offseason program and training camp with Dallas.

2018 (DALLAS):

- Inactive for all 16 games.

POSTSEASON:

NFC WILD CARD VS. SEATTLE (1/5): Inactive.
NFC DIVISIONAL AT L.A. RAMS (1/12): Inactive.

BEFORE THE NFL

COLLEGE (WESTERN KENTUCKY):

- 2-year starter (2016-17).
- Transferred to Western Kentucky from South Florida following his sophomore season in 2014.

CAREER (AT WESTERN KENTUCKY): Started all 27 games; 648-of-976 passing (66.4 pct.) for 8,540

yards and 63 TDs; 93 carries for -342 yards (-3.7 avg.) and 6 TDs.

- His 8,540 career passing yards were 3rd in school history.
- His 648 career completions were 4th in school history.

SENIOR (2017 AT WESTERN KENTUCKY): Started all 13 games; 368-of-560 passing (65.7 pct.) for 4,177 yards and 26 TDs; 64 carries for -268 yards (-4.2 avg.) and 6 TDs.

- 2nd-team All-CUSA.
- Finished the season with 8 consecutive 300-yard passing games.
- His 4,177 passing yards were 4th in FBS while his 560 attempts ranked 2nd and his 368 completions led the nation.

JUNIOR (2016 AT WESTERN KENTUCKY): Started all 14 games; 280-of-416 passing (67.3 pct.) for 4,363 yards and 37 TDs; 29 carries for -74 yards (-2.6 avg.).

- 2nd-team All-CUSA.
- C-USA Newcomer of the Year.
- His 181.4 passer rating was 3rd in FBS and a single-season school record.
- Helped his offense lead the nation with 45.5 points per game.
- Sat out 2015 due to transfer requirements.

SOPHOMORE (2014 AT SOUTH FLORIDA): Played in 11 games with 10 starts; 122-of-242 passing (50.4 pct.) for 1,639 yards and 8 TDs; 29 carries for -85 yards (-2.9 avg.).

TRUE FRESHMAN (2013 AT SOUTH FLORIDA): Played in 6 games with 5 starts; 93-of-175 passing (53.1 pct.) for 1,083 yards and 3 TDs; 14 carries for -43 yards (-3.1 avg.).

HIGH SCHOOL (UNIVERSITY SCHOOL – DAVIE, FLA.)

- Also lettered in baseball and earned 1st-team all-county honors as a pitcher.

SENIOR (2012): 176-of-256 passing (68.8 pct.) for 2,201 yards and 22 TDs.

- 2nd-team all-state.
- 1st-team all-county.
- Broward County Player of the Year.
- Helped his team win a state championship.

MIKE WHITE'S NFL REGULAR SEASON PASSING STATS

YEAR	TEAM	GP	GS	ATT	CMP	PCT	YDS	Y/A	TD	INT	LG	SK/YDS	RATE
2018	DALLAS	0	0	0	0	0.0	0	0.0	0	0	-	0/0	-
2019	N.Y. JETS						PRACTICE SQUAD						
2020	N.Y. JETS	0	0	0	0	0.0	0	0.0	0	0	-	0/0	-
2021	N.Y. JETS	4	3	132	88	66.7	953	7.2	5	8	28	4/18	75.1
2022	N.Y. JETS	4	4	175	103	58.9	1192	6.8	3	4	60	9/76	75.7
2023	MIAMI	4	0	4	3	75.0	70	17.5	1	1	68t	0/0	116.7
NFL TOTALS		12	7	311	194	62.4	2215	7.1	9	13	68t	13/94	0.0

MIKE WHITE'S NFL REGULAR SEASON RUSHING/RECEIVING STATS

YEAR	TEAM	GP		RUSHING					RECEIVING				
		GP	GS	ATT	YDS	AVG	LG	TD	REC	YDS	AVG	LG	TD
2018	DALLAS	0	0	0	0	0.0	-	0	0	0	0.0	-	0
2019	N.Y. JETS	PRACTICE SQUAD											
2020	N.Y. JETS	0	0	0	0	0.0	-	0	0	0.0	-	0	
2021	N.Y. JETS	4	3	5	-1	-0.2	2	0	0	0.0	-	0	
2022	N.Y. JETS	4	4	6	9	1.5	4	1	0	0.0	-	0	
2023	MIAMI	4	0	5	-7	-1.4	-1	0	0	0.0	-	0	
NFL TOTALS		12	7	16	1	0.1	4	1	0	0	0.0	-	0

ADDITIONAL STATS

2-Point Conversions: (N.Y. Jets) 1 reception in 2021.
Career Regular Season Record As A Starter: (N.Y. Jets)
 1-2 in 2021, 1-3 in 2022 for total of 2-5.

SINGLE-GAME CAREER HIGHS

Pass Attempts: 57 at Minnesota, 12/4/22
Completions: 37 vs. Cincinnati, 10/31/21
Passing Yards: 405 vs. Cincinnati, 10/31/21
TD Passes: 3 Twice, last: vs. Chicago, 11/27/22
Longest Pass: 68t vs. Denver, 9/24/23
Completion Pct. (min. 20 att.): 82.2 vs. Cincinnati, 10/31/21
Passer Rating: 149.3 vs. Chicago, 11/27/22
Rush Attempts: 5 vs. Cincinnati, 10/31/21
Rushing Yards: 7 at Minnesota, 12/4/22
Longest Run: 4 at Minnesota, 12/4/22
Rushing TDs: 1 at Minnesota, 12/4/22

WHITE'S 4TH QUARTER COMEBACK VICTORIES (1)

DATE	OPP	4Q DEFICIT	4Q/OT STATS	FINAL SCORE
1. 10/31/21	vs. Cin.	20-31	10-8-103-2-0	34-31

WHITE'S GAME-WINNING DRIVES (1)

DATE	OPP	GW SCORE	TIME LEFT	FINAL SCORE
1. 10/31/21	vs. Cin.	Kroft 13-yard rec	3:45	34-31

300-YARD PASSING GAMES (3)

DATE	OPP	ATT	CMP	PCT	YDS	TD	INT	LG RATE
10/31/21	vs. Cin.	45	37	82.2	405	3	2	26 107.9
11/27/22	vs. Chi.	28	22	78.6	315	3	0	54t 149.3
12/4/22	at Min.	57	31	54.4	369	0	0	60 59.8

2021 GAME-BY-GAME STATS (N.Y. JETS)

DATE	OPPONENT	P/S	ATT	CMP	PCT	YDS	TD	INT	LG	SK/YDS
09/12	at Carolina									
09/19	NEW ENGLAND									
09/26	at Denver									
10/03	TENNESSEE									
10/10	at Atlanta									
10/24	at New England	1/0	32	20	62.5	202	1	2	22	1/8
10/31	CINCINNATI	1/1	45	37	82.2	405	3	2	26	2/8
11/04	at Indianapolis	1/1	11	7	63.6	95	1	0	26	0/0
11/14	BUFFALO	1/1	44	24	54.5	251	0	4	28	1/2
11/21	MIAMI									
11/28	at Houston									
12/05	PHILADELPHIA									
12/12	NEW ORLEANS									
12/19	at Miami									
12/26	JACKSONVILLE									
01/02	TAMPA BAY									
01/09	at Buffalo									
2021 TOTALS		4/3	132	88	66.7	953	5	8	28	4/18

2022 GAME-BY-GAME STATS (N.Y. JETS)

DATE	OPPONENT	P/S	ATT	CMP	PCT	YDS	TD	INT	LG	SK/YDS
09/11	BALTIMORE					DID NOT PLAY				
09/18	at Cleveland					DID NOT PLAY				
09/25	CINCINNATI					DID NOT PLAY				
10/02	at Pittsburgh					INACTIVE				
10/09	MIAMI					INACTIVE				
10/16	at Green Bay					INACTIVE				
10/23	at Denver					INACTIVE				
10/30	NEW ENGLAND					DID NOT PLAY				
11/06	BUFFALO					DID NOT PLAY				
11/20	at New England					DID NOT PLAY				
11/27	CHICAGO	1/1	28	22	78.6	315	3	0	54t	1/7
12/04	at Minnesota	1/1	57	31	54.4	369	0	2	60	1/3
12/11	at Buffalo	1/1	44	27	61.4	268	0	0	25	3/30
12/18	DETROIT					INACTIVE				
12/22	JACKSONVILLE					INACTIVE				
01/01	at Seattle	1/1	46	23	50.0	240	0	2	30	4/36
01/08	at Miami					INACTIVE				
2022 TOTALS		4/4	175	103	58.9	1192	3	4	54t	9/76

2023 GAME-BY-GAME STATS (MIAMI)

DATE	OPPONENT	P/S	ATT	CMP	PCT	YDS	TD	INT	LG	SK/YDS
09/10	at L.A. Chargers					DID NOT PLAY				
09/17	at New England					DID NOT PLAY				
09/24	DENVER	1/0	2	2	100.0	67	1	0	68t	0/0
10/01	at Buffalo					DID NOT PLAY				
10/08	N.Y. GIANTS					DID NOT PLAY				
10/15	CAROLINA	1/0	1	0	0.0	0	0	1	-	0/0
10/22	at Philadelphia					DID NOT PLAY				
10/29	NEW ENGLAND					DID NOT PLAY				
11/05	at Kansas City					DID NOT PLAY				
11/19	LAS VEGAS					DID NOT PLAY				
11/24	at N.Y. Jets	1/0	0	0	0.0	0	0	0	-	0/0
12/03	at Washington	1/0	1	1	100.0	3	0	0	3	0/0
12/11	TENNESSEE									
12/17	N.Y. JETS									
12/24	DALLAS									
12/31	at Baltimore									
TBD	BUFFALO									
2023 TOTALS		4/0	4	3	75.0	70	1	1	68t	0/0